

Welcome to the Bessans lake area, the starting point to access the Chantelouve MTB area and the MTB skills trail.



CHANTELOUVE MTB AREA AND MTB SKILLS TRAIL



Bessans
Haute Maurienne Vanoise

Bessans Bike Park Path

Chantelouve MTB Area

MTB Skills Trail

Access to the Chantelouve MTB Area

Access to the MTB Skills Trail



Technical Trail Feature (TTF) on MTB Skills Trail



Information sign



Bessans Bike Park Path



Some tips before you get started:

- Wear a helmet.
- Check the state of your bike before you start.
- Bring a first aid kit and repair kit.
- Remember to drink and eat regularly.
- Check the weather conditions.
- Ride with a friend.
- Be careful! These trails are shared with other users (pedestrians, horse riders, farmers, etc.).
- Ride at a moderate speed, be courteous and greet people you meet.
- Nature is beautiful! Respect it and take your trash with you!
- The stores in Bessans stay open during the summer, so be sure to visit them! It only takes a few turns of the pedals to get there!



EMERGENCY SERVICES
112



Haute Maurienne Vanoise

Discover our enduro & cross-country trails and other fun MTB areas:



Valfréjus



La Norma



Aussois



Val Cenis



Bonneval sur Arc

- Swimming
- Fishing
- Canoeing
- Bocce Petanque

- Tennis
- Beach Volley
- Stadium
- Skate Park
- Kids Park

- Parking Area
- Bus Stop
- Office of Tourism
- Snack Shop
- Campground
- Barbeque Grill
- Water Source



Land made available by
Bessans
Haute Maurienne Vanoise

The land owners in Bessans

This project was co-financed by the Auvergne-Rhône-Alpes region and the French government within the framework of the Haute Maurienne Vanoise Valley contract:



And by the Savoie department within the framework of the Tourism Plan



During the summer season, think of our transportation network to get around!

Office of Tourism
Phone 04 79 05 99 06

Practical Tips



Choose your trail according to your level and follow the trail at a moderate speed.

Pay attention to weather conditions: rain and ice greatly reduce adherence.



Safety Rules

These trails are exclusively designed for bikes. Motor vehicles, pedestrians and animals are not allowed.



Modify your speed according to the number of riders and visibility.



The person located in front and below you always has priority.



Respect the direction of traffic.

Do not ride off the trail and do not cut corners.



Take your trash with you.



Do not stop on the trails.



Children under the age of 10 must be accompanied by an adult.



In the event of a problem with the equipment or state of the trail, please contact:



You are in a unique and fragile environment. The animals appreciate their tranquility and the plants are very happy in their natural environment. Please protect this extraordinary site in order to keep it intact after your visit.



HELMETS REQUIRED
Gloves and knee pads recommended



Verify that your equipment is in good working order.



112

the Haute Maurienne Vanoise community office:
04 79 05 10 54



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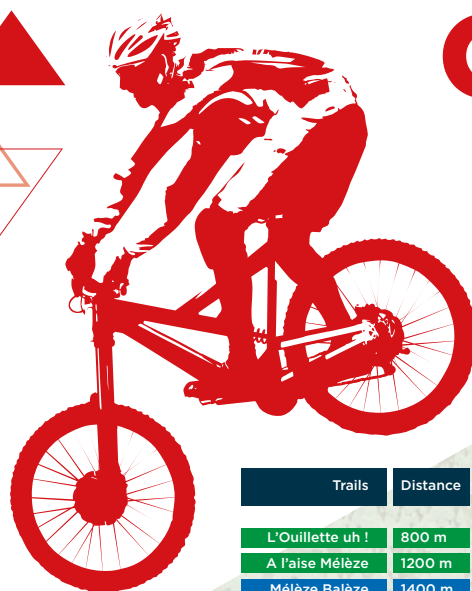


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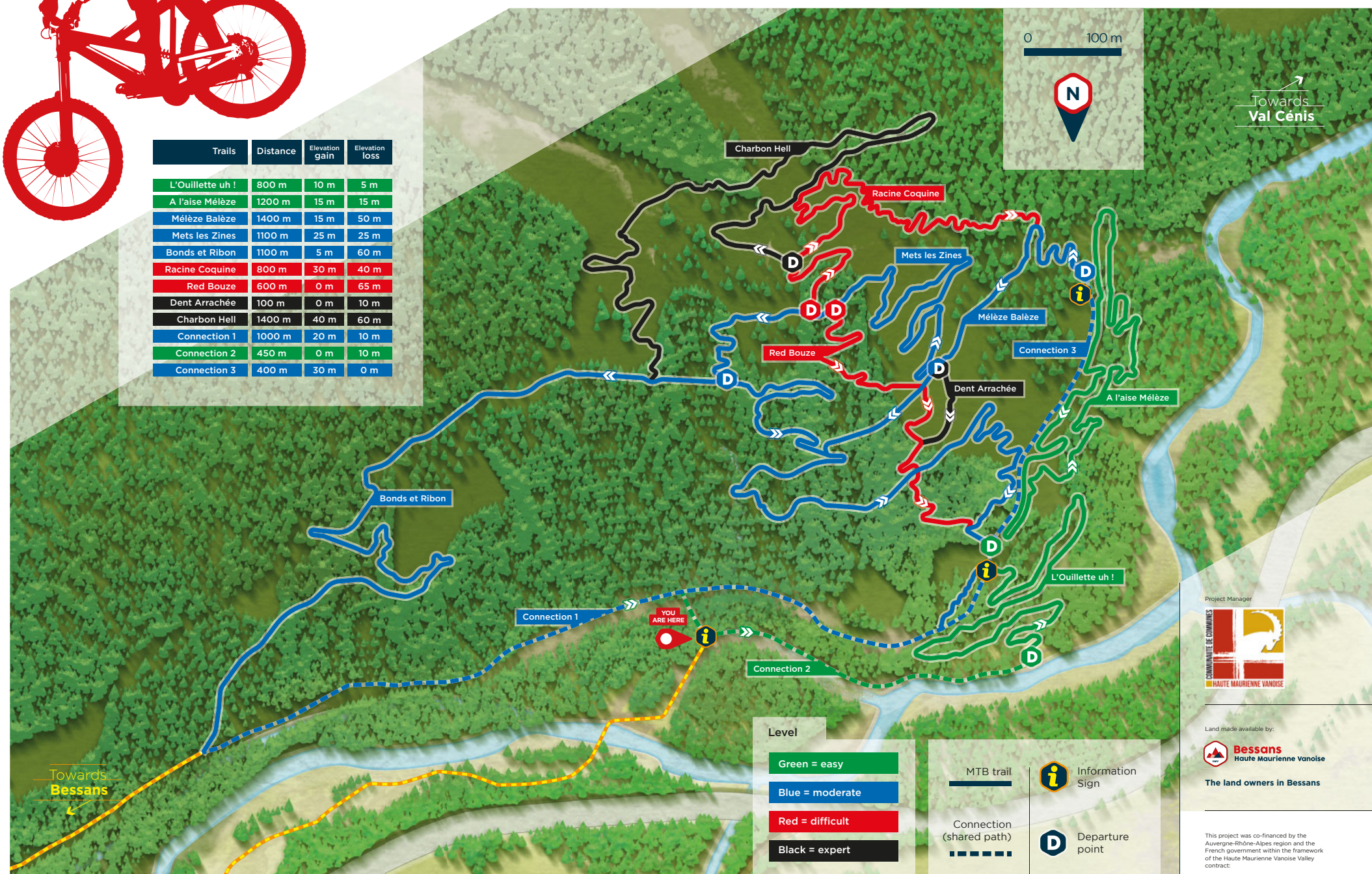
CHANTELOUVE MTB AREA



Bessans
Haute Maurienne Vanoise



Trails	Distance	Elevation gain	Elevation loss
L'Ouillette uh !	800 m	10 m	5 m
A l'aise Méléze	1200 m	15 m	15 m
Méléze Balèze	1400 m	15 m	50 m
Mets les Zines	1100 m	25 m	25 m
Bonds et Ribon	1100 m	5 m	60 m
Racine Coquine	800 m	30 m	40 m
Red Bouze	600 m	0 m	65 m
Dent Arrachée	100 m	0 m	10 m
Charbon Hell	1400 m	40 m	60 m
Connection 1	1000 m	20 m	10 m
Connection 2	450 m	0 m	10 m
Connection 3	400 m	30 m	0 m



Level

Green = easy

Blue = moderate

Red = difficult

Black = expert

MTB trail

Connection (shared path)



Information Sign



Departure point

Project Manager



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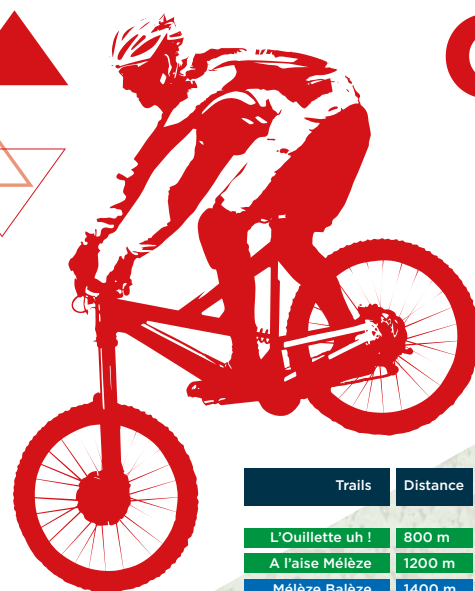


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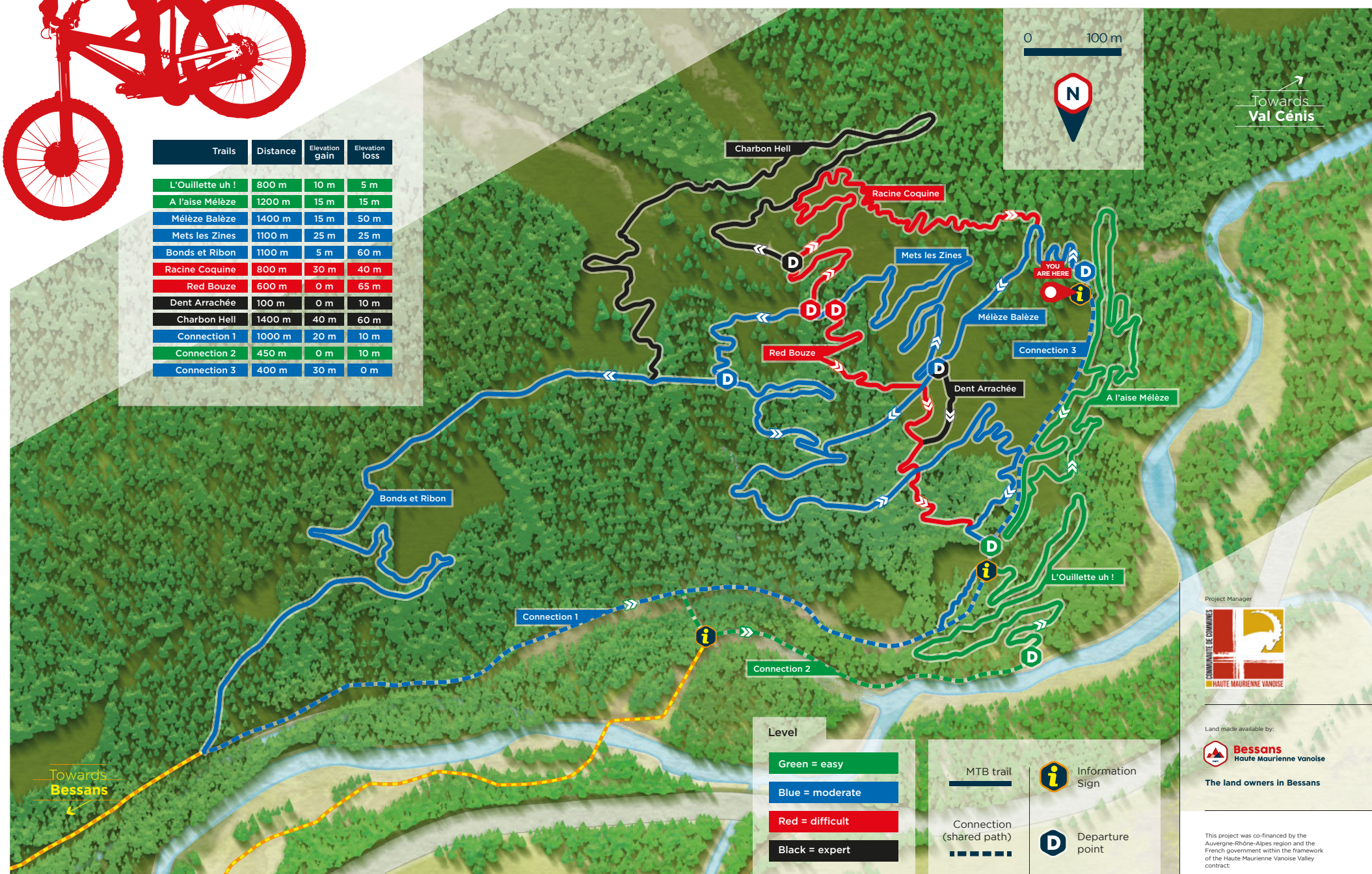
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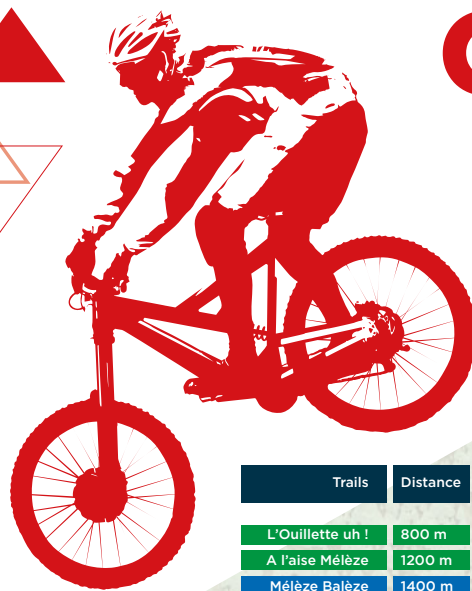


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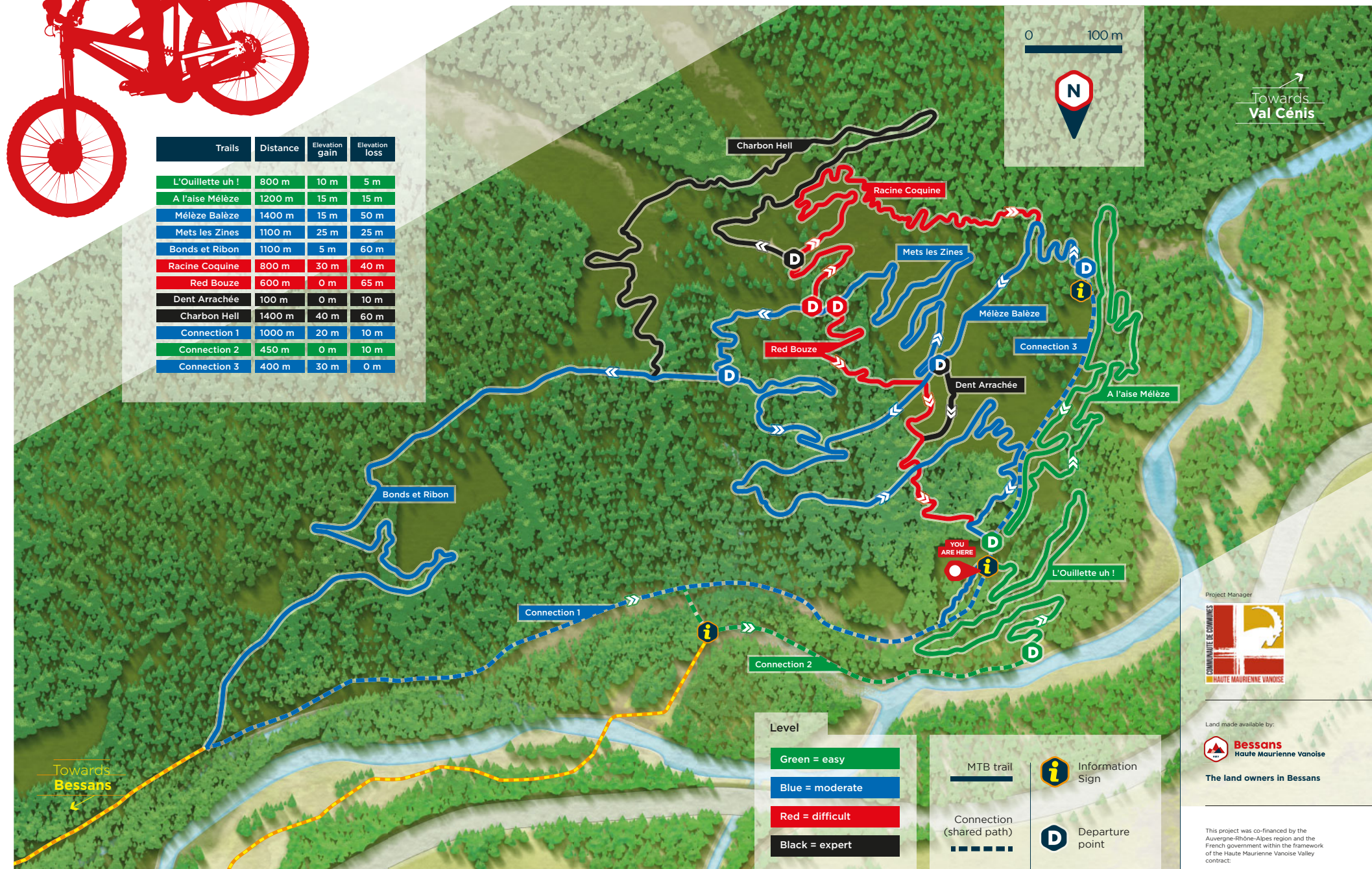
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