



6.5 km

200 m

2 h 15

1,688 m
1,520 m

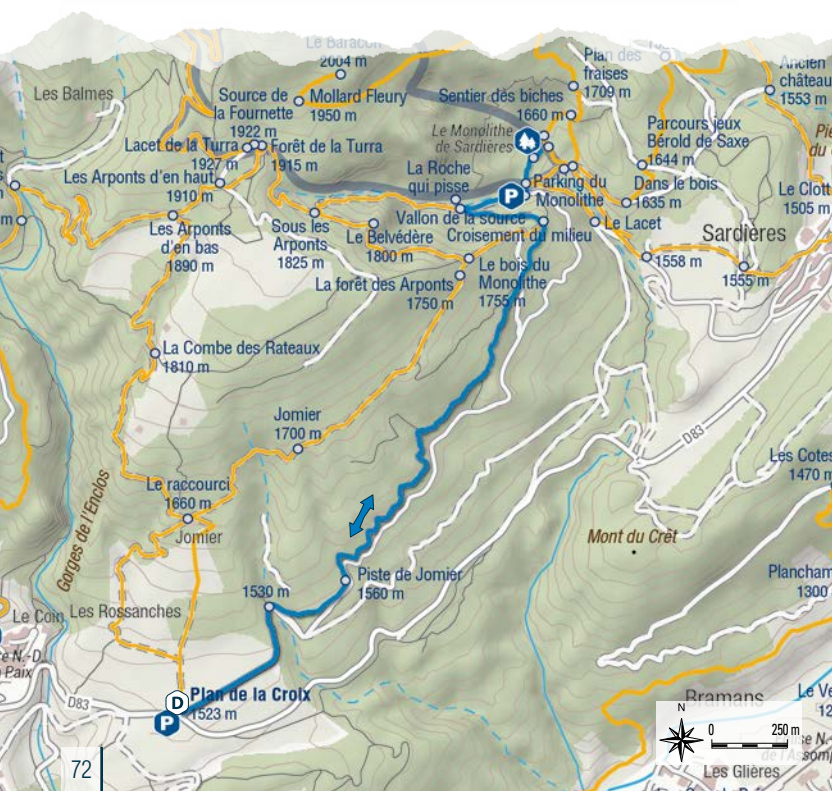
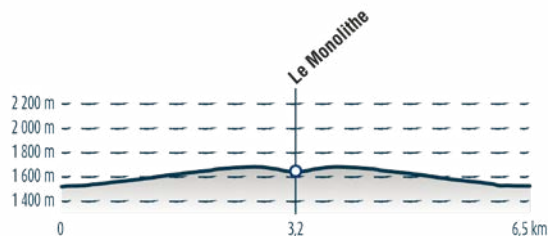
Access to start point

Aussois, Plan de la Croix.

From Aussois, RD83 direction Sollières-Sardières to the car park of La Croix.



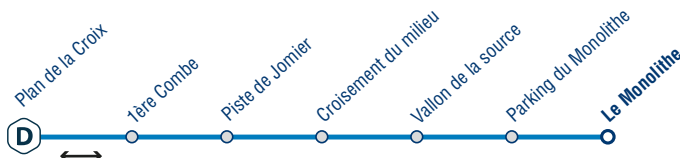
Scan and follow the route with your favourite app



You can't go wrong with this one!



Among the fragrant pine trees and light-coloured rocks, you'll feel like you're in "the South". You could almost hear Nino Ferrer's guitar. Climbers' paradise, this unique rock promontory marks the line between the northern and southern Alps.



Along the way

You've opted for one of the top hikes in Haute Maurienne Vanoise. The kind of excursion you won't forget: full of surprises, in the intimacy and cool of forests that lie on the sunny side of the mountain. As it's also popular with mountain bikers, it's advisable to keep an eye out for one another, so everyone can share the area in peace.

Eager to enter the Vanoise National Park? Well, you've done it! You round a bend in a clearing and lo! there stands Le Monolithe! Rising up from the middle of the forest, this 93-metre-tall column can't fail to impress you. This carbonated sedimentary rock is a striking testament to the process of erosion. The rock is dolomitic limestone, compact and hard enough to stand the test of time! Le Monolithe was first climbed in 1957 by Michel Paquier and it was at its foot that Vanoise National Park was inaugurated in 1965.

This timeless wonder is a great place to stop for a well-deserved snack.



Le Monolithe - J. Cathala, OT HMV