

# HIKE 12

## LA BAUME DES MAURES

The site called la Baume des Maures is a small cavity of about 10m<sup>2</sup>, extended by a terrace of some 25m<sup>2</sup>.

La Baume has left traces of different ages, but its use as a burial place was certainly most intense at the end of the Neolithic age.

### ATTENTION

This mountain path is steep and rather difficult, avoid it with rain or windy weather. It is meant for experienced hikers!



*Burial place of la Baume des Maures (« baumo » in Provençal = cave).*



1 hour 30 min.



1 km, difficult



Parking de la Planète or Parking de la Croix



Office de Tourisme de La Garde-Freinet  
Chapelle Saint-Jean | 83680 La Garde-Freinet  
Tél. 04 94 56 04 93 | [lagardefreinet@golfe-sainttropez-tourisme.fr](mailto:lagardefreinet@golfe-sainttropez-tourisme.fr)  
[www.golfe-sainttropez-tourisme.fr](http://www.golfe-sainttropez-tourisme.fr)





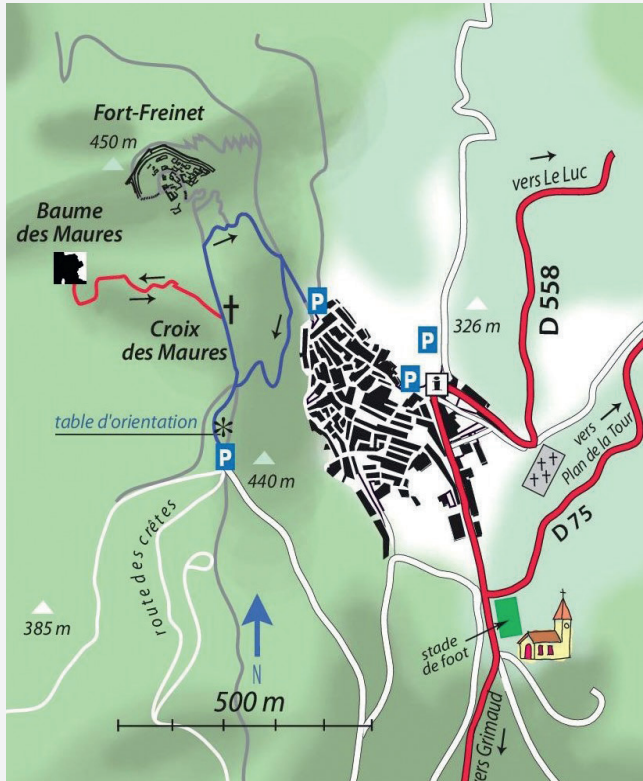
## ITINERARY

### FROM PARKING DE LA PLANÈTE

Follow the blue markers towards the Cross. At the signpost go down left on the steep winding path for about 500 m. You will arrive at the Baume des Maures. Come back on the same path, at the Cross follow the signs for the « village ».

### FROM PARKING DE LA CROIX

Follow the blue markers towards the Cross. At the signpost go down left on the steep winding path for about 500 m. You will arrive at the Baume des Maures. Come back on the same path.



The Baume is not so much a cave, it is more of a shelter under the rock, an oddity in the Maures mountains where this kind of formation is rather rare. The site is all the more spectacular as the only possible access is to weave one's way through the cliff and a big rock. Strawberry trees, heather and oaks create a green and fresh place with a particular out-of-time atmosphere. Its most intense use as a burial place was at the end of the Neolithic age: at least 32 small tombs were cleared on the esplanade.

After the cremation part of the human remains were buried. Each deposit of bones is related to one or more individuals of both sexes and different ages.

Some objects were added to the tombs: parure objects, accessories of arrows, stone tools, pieces of firestone and ceramic containers.

Nowadays the site is considered to be bare of its traces.

#### FOR MORE INFORMATION:

Philippe Hameau • « Un dernier regard sur la Baume des Maures, La Garde-Freinet, Var » Revue du Centre Archéologique du Var, 2006, pp. 75-91.

