



LA PLAGNE
CHAMPAGNY EN VANOISE

ROCK CLIMBING GUIDE BOOK

The distinctive feature of these 3 rock climbing sites is the fact that they are altitude cliffs, and so subject to frost and thaw phenomenon. Wearing an helmet is more than advised

LE TORCHET :

Schist slabs not very steep, from 15 to 25m. Wide flat and shady spot at the bottom (avoid the plateau at the top as it is a private property). Keep the place tidy, bins are available on site.

As all altitude sites, the boulder is subject to extreme frost-thaw cycles. It is made particularly sensitive to this by its leaf structure.

If you see that a flake is moving or that there is an irregularity on the gear in place, inform the mountain guides office or the tourist office.

The attendance being high during the summer, we advise you to avoid the **3pm-5pm time slot**, used by the mountain guides.

LA GRANDE ROCHE :

At the beginning of Champagny-le-Haut vale , this crag is facing the Grande Motte glacier, subject to the winter harshness : frost, thaw, avalanches... Thus you need to be careful at the start of the season. Be advised that the site is below a via-ferrata.

Between 10 and 25 routes, from 4a to 7a, divided between 2 cliffs.

- **The Biga area, on the left** : 150m

First area to be bolted, on the left when you arrive at the bottom of the cliff

- **The Small area, on the right** : 25m

Bolted in 2004 and 2005. The 3 routes styles are varied (one camber), on the right at the bottom of the cliff.

You need to follow the "via ferrata/depart n°1" signposting.

Equipment : athletic Boulder : schist

Profile : slab and vertical Type of holds: pockets, crimps

Openers: D. Souvy, D. Tatoud, D. Mouchéné, E. Allanos, JY Roche, A. Charrière.

LA RAVIERE :

The small crag of La Ravière is located next to the hamlet of the same name, at the altitude of 1640m, above Champagny en Vanoise.

Facing South-East, it moves to the shadow around 1pm-2pm in Summer, which is perfect for hot days.

The rock is an homogeneous caliza dolomia with side pull holds and slight bulges. It is rather abrasive and riddled with pockets. The rock dries pretty fast, most of the routes are even climbable on a wet weather !

Openers : A. Dunand, D. Tatoud, D. Souvy, D. Mouchéné –2001/2002

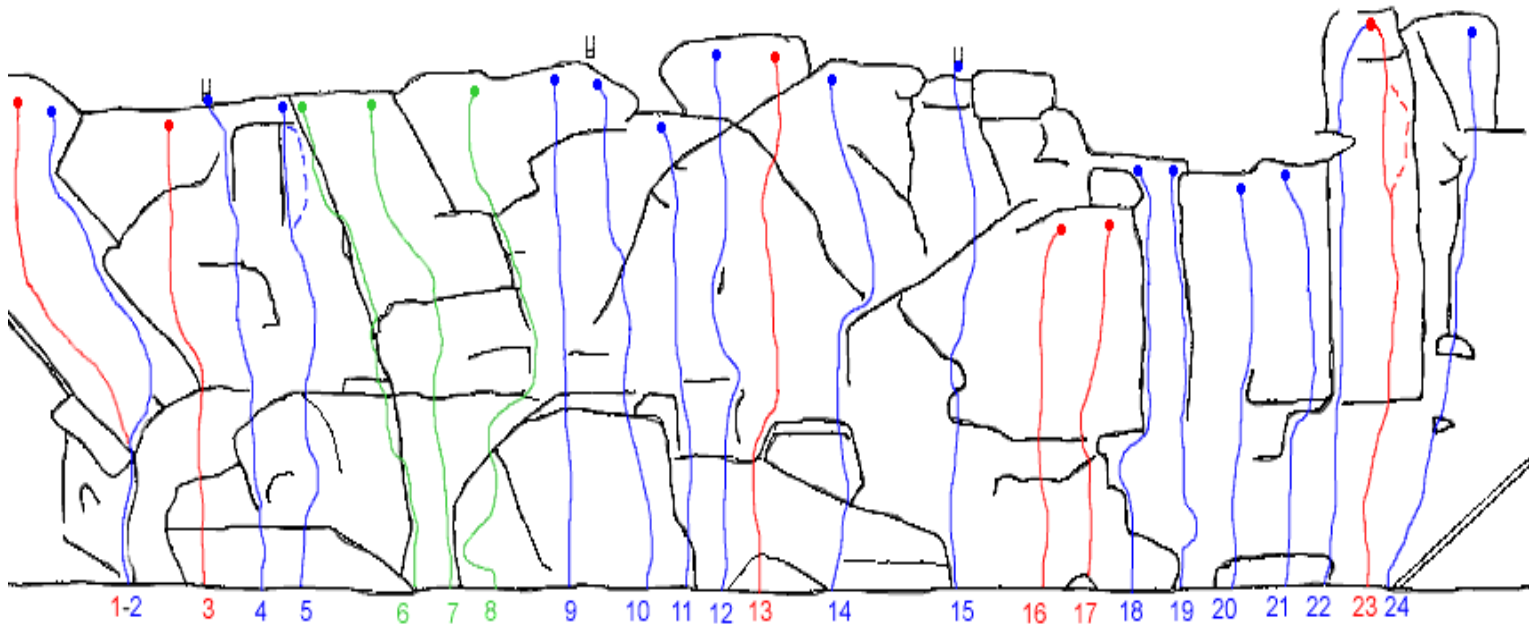
Be careful : the activity you're about to do unfolds on mountains grounds with the risks that it entails. It needs a great knowledge of the approaches to be used.

USEFUL PHONE NUMBERS :

Mountains guides : (+33)6 81 30 42 95 (Alain Charrière) or (+33)6 89 93 65 19 (Damien Souvy)

Tourist office : (+33)4 79 55 06 55 - Emergency 112

LE TORCHET ROCK CLIMBING SCHOOL WALL (Champagny village)



ACCESS :

Bellow "Les Rochers" hamlet. Parking alongside the road, upstream from the area. Don't park in front of the barrier as the access needs to be free for any potential emergency vehicle.

EQUIPEMENT :

24 bolted routes. Anchor with quick links and chains (settle your top ropes with the quick link and not around the chains).

Colours of the plaques indicate the grade of the route.

Routes whose name is followed by (+) are overprotected (cluster of pegs).

Routes whose name is followed by (-) are dangerous (distant pegs).

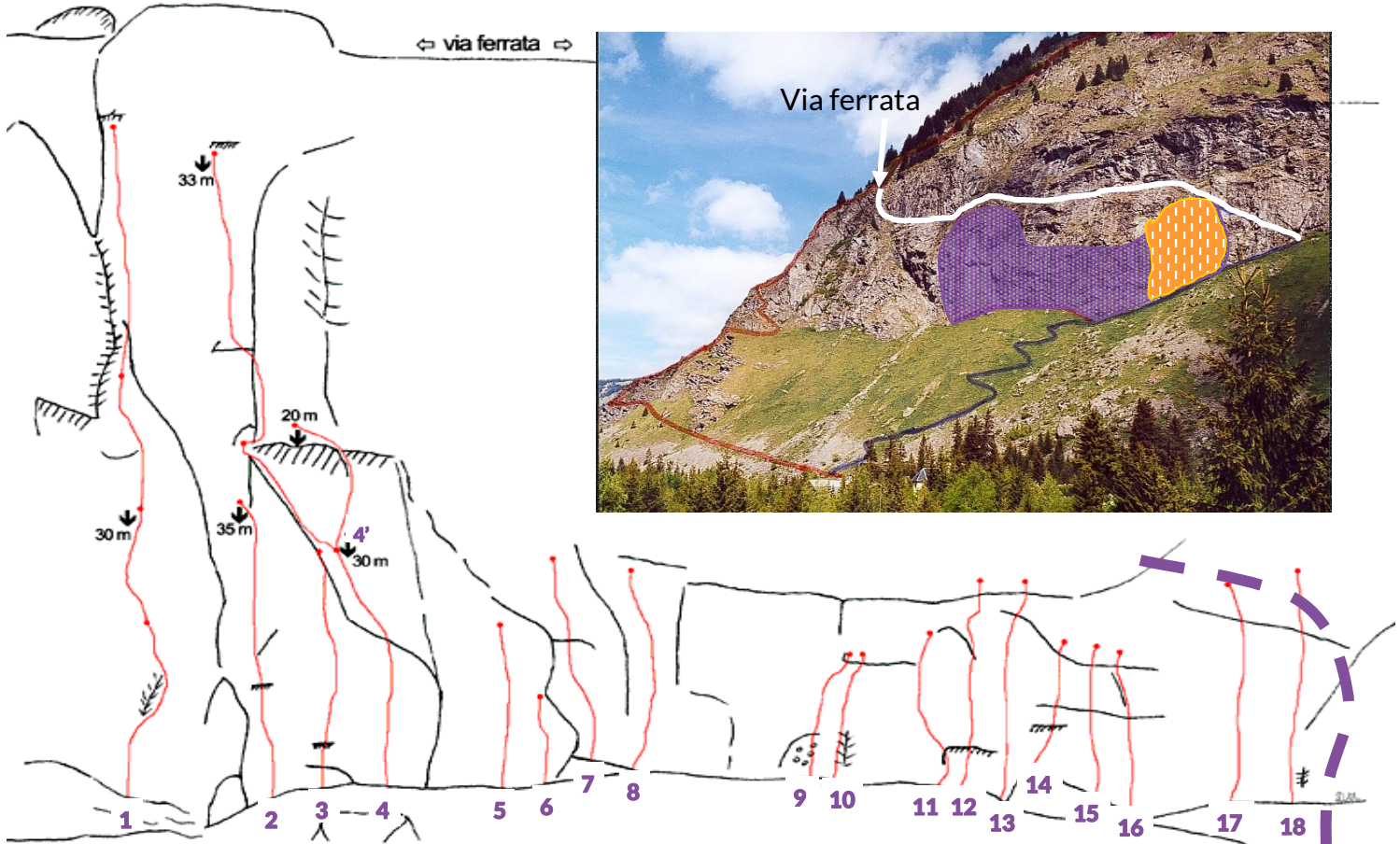
n°	NAME	GRADE	LENGTH / BOLTS
1	Dune	6b	18m - route (-)
2	Roupie de Sansonnet	5 b/c	17m - 4 bolts
3	Poussière d'étoile	6a	16m - 4 bolts
4	Petit Pilier	5b	17m - 5 bolts - anchor on tree
5	Marine	5c (variant 5a)	16m - 4 bolts
6	Petite Sirène	4b, 1 pas 4c	17m - 8 bolts - route (+)
7	Seme-bai	4b	16m - 8 bolts - route (+)
8	Dollo	4b, 1 pas 4c	17m - 7 bolts - route (+)
9	La pire et le Vent rose	6a	17m - 3 bolts - route(-)
10	Chaîne sur chêne	5b	19m - 3 bolts- anchor on tree - route (-)
11	Herbe bleue	6a	17m - 4 bolts
12	Soleil de nuit	5c	18m - 4 bolts - route (-)
13	Sanguine	6a	19m - 4 bolts
14	Extravagance du Parfait	5a	19m - 4 bolts
15	Gaspard de la nuit	5b	18m - 4 bolts - anchor on tree
16	Escalope salade	6a	14m - 3 bolts
17	Adieu Bernina	6a	14m - 3 bolts
18	Papillons	5b	16m - 4 bolts
19	Danseuses de Delphes	5c	16m-5 bolts
20	K626	5b	16m - 5 bolts
21	Bébé toit	5c	16m - 5 bolts
22	Justes noces	5c	22m - 7 bolts
23	Ecoute la Lune	6b (variant 6a)	22m - 7 bolts
24	Le Dernier des Puritains	5b	22m - 6 bolts

Putting the top rope in from the top of the crag is not recommended, the grass slope being steep and not safe.

An anchor is set up on the big ledge between "Sanguine" and "Extravagance du parfait". It can, for instance, favour the learning of abseil.

**In case of exiting by the top, go down by the ends
(be careful the path can be slippery and wet)**

GRANDE ROCHE CLIMBING CRAG (Champagny-le-Haut)



MAIN SECTOR			
N°	NAME	GRADE	LENGHT-BOLTS
1	Cerf volant	L1:6a - L2:6b - L3:5c-L4:4b	80 m
2	Miss air	6a+	36 m-13
3	Vol de nuit	6a	29 m-9
4	Aster au vide	L1:5c - L2:5b - L3:5c	70 m
4'	Lévitoition	L2:6a	20 m
5	Max attack	5a	26 m-10
6	Mayo Kids	4a	15 m - 10
7	Le grand rush	6a+	32 m-12
8	Méline	6b	30 m - 10

MAIN SECTOR			
N°	NAME	GRADE	LENGHT-BOLTS
9	A Lunis sage	5b	16 m - 6
10	Maximousse	5c/6a	16 m - 6
11	A qui la rex ?	6a	18 m - 7
12	Des goûts des autres	6b	30 m - 11
13	Le crépuscule des idiots	6c+	30 m
14	Le lys dérangé	6b+	20 m- 8
15	La voie ratée	6b	26 m-9
16	Tran Pauline	6b	26 m-9
17	Waterworld	5c+	30 m-12
18	L'Anne et le Lou	5b+	33 m-14

ACCESS : Towards Champagny-le-Haut for 3km. Park near the dam.

Cross the road and walk towards the path leading to "Via Ferrata depart n°1". Turn left for the main sector and right for the small sector-15min.

EQUIPEMENT : Peg of 10

Biners for top rope

70m ropes ; 100m rappel for the routes of several lengths. 14 draws at the most.

DESCENTS :

- **Aster au vide :** with a 70m rope, a 33m rappel from R3 to the summit of "Miss Air", (don't stop at R2), then a 35m abseil.

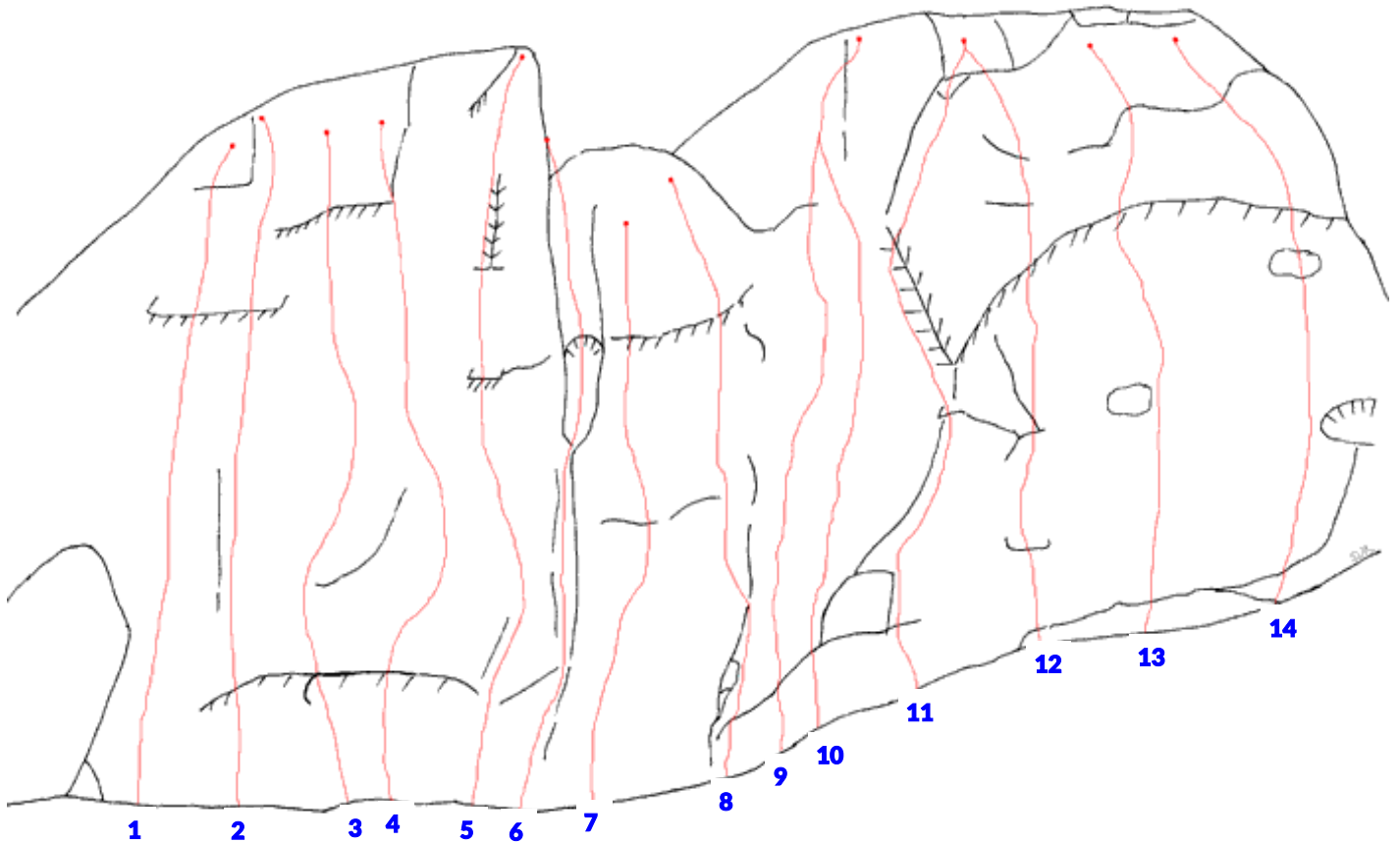
- **Lévitoition :** with a 70m rope, a 20m rappel in the big roof, from R2 to R1 of "Aster au vide" then a 30m abseil.

- **Cerf volant :** with a 100m rope, 3 abseils



SMALL SECTOR			
N°	NAME	GRADE	LENGHT-BOLTS
1	Si les cons savaient voler	6c	25 m-11
2	Kplctour	5c	25 m- 8
3	Le retour des Raveillus	6a+	18 m-7

LA RAVIÈRE CLIMBING CLIFF



n°	Name	Grade	Lenght-Bolts	n°	Name	Grade	Lenght-Bolts
1	A défaut de génie	6a	12m-4	8	Envers du décor	6a	11m - 5
2	Les oeillets	6c	13m-5	9	L'inséminateur de truite	6a	14m-5
3	Le petit prince	6b+	13m-5	10	Free Tibet	6a+	14m-5
4	Carpe diem	7b	13m-5	11	L'arrache peau	6b	15m-6
5	Palombe d'un doute	6a	15m-5	12	L'éclat du soleil	6a	15m-7
6	Le framboisier	5b	13m - 4	13	Euskadi	6c	15m-5
7	Encore du dévers	6a+	11m - 4	14	L'apprenti fakir	6b+	14m-4

ACCESS :

From Champagny village (departure of the gondola), take the path leading to the "Combes" for 2km until a junction (EDF post of "La Cartanaz") From here you have 2 options :

- Follow the road climbing up the embankment to the Ravière hamlet and reach the crag (15min walking from the EDF post, perfect for warming-up).
- Keep going towards "Les Combes d'en Haut" then "La Duy". At the yellow sign board "La Ravière", go down at the left for 5min. The crag is at the left before the hamlet.

GEARS AND ADVICES :

14 bolted routes. The length varies between 12 and 15m, with sealed bolts—anchor with biners—rope of 40m, 6 draws.

The name of each route is written at the bottom.

Altitude cliff, subject to frost and thaw alternating cycles. Always check the holds as well as the bolt resin. Wearing an helmet is strongly advised.

OBSERVATIONS :

Nearby, on the path between "Les Combes d'en Haut" and "La Duy", you can find a perfect area suited for a family picnic and petanque games among others...