

70

Pas de la Mule from Avérole refuge



6.1 km



+300m



3 h 00

2,375 m
2,150 m

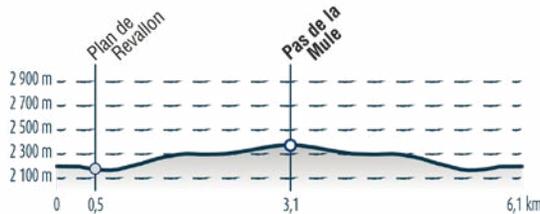
Access to start point

Bessans, Arérole refuge.

At the exit of Bessans, take the road towards the hamlets of Vincendières and Avérole. From the Avérole car park, walk along the path that leads to the refuge.



Scan and follow the route with your favourite app



Torrential magic

As you walk through this high-altitude valley, near the Italian ridges, look up - up and up! All around you, the secret world of the "3,000s" unfolds in all directions. At the foot of all these majestic peaks, strike out from your own base camp at an easy pace.



Along the way

The Avérole torrent acts as your guide throughout the journey. Fed by streams and glacial lakes that overlook the Lombarde valley, it's a refreshing place for both young and old to rest along the way.

The trail, which is often playful and always well-maintained, encourages you to maintain your speed. Marmots whistle from distant hiding places, and who knows... there may be chamois up there in the shade of the cliffs, watching you as you go by.

These grand, cinema-like landscapes fill you with energy. At this altitude on the south-facing slope, you feel the soft, warm caress of the sun on your face.

What a strange feeling when you arrive at your destination! The torrent gently flowing through the village of Avérole is now a distant memory. Here at the shepherds' hut, it goes cascading down into a giant, boiling cauldron.

The few hours you've spent hiking along the right bank suddenly feel like whole days of adventure.

The little extra



In summer (and only in summer), you also have the option of finishing the route along the left bank. A footbridge, brought by helicopter in the summer, allows you to cross the torrent and reach the shepherds' hut. Follow the terraced trail that takes you to Saint-Antoine oratory from below. If you're expected at the refuge, you'll need to exert yourself just a little bit more to get there. Otherwise, here's the perfect chance to finish off with a well-deserved foot soak.

Avérole torrent in the Pas de la Mule sector - M.-F. Rigolet