25 pÔp! Fromagerie du Lavoir (Lavoir Cheese Dairy)
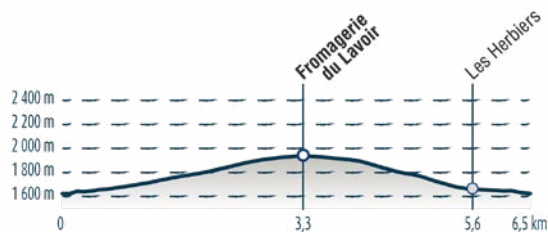
6.5 km · **320 m** · **2 h 15** · 1,944 m / 1,622 m

Access to start point

Valfréjus, Les Tavernes.
Rue du Cheval-Blanc. Parking nearby.

Fancy an offbeat gastronomic excursion? If for you, hiking is synonymous with gastronomic delights and exploring local heritage, then dive right in the deep end with a light backpack and your taste buds ready for a treat! Who knows what you'll bring back from your trip?
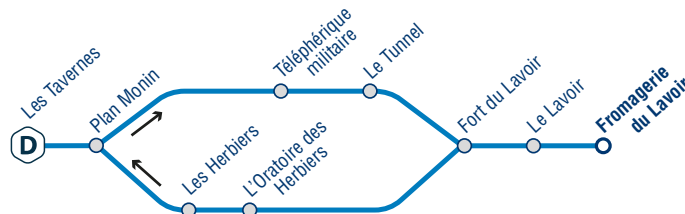
Along the way

Striking out with gusto, you take the Lavoir road, curious to discover what surprises await you once you leave the forest.

And suddenly, you find yourself on the Maginot line! Look to your right... what's this peculiar object, mutely testifying to World War II? A little submarine on land, a real one, of which you can only see a tiny part, round and concrete.

The sound of the Charmaix torrent brings you back to the present, and, as you pass the alpine pastures, you seize the opportunity to sample the specialties made at the Lavoir cheese dairy. You're about to become an expert on the making of alpine cheeses such as Beaufort, Tomme, Raclette, Sérac, and Fromage Blanc!

And since you've still got some room in your backpack, you're on the hunt for delicious treats. Your picnic now looks like a proper mountain feast.

But it's time to head back and cross paths with the hikers attracted by the popular GR5 trail that's made the valley famous.

The little + pÔp!

In the interwar period, a long line of defense was struck across the Alps to counter the rise of fascism in Italy. Its concrete and steel structures can still be seen, discreetly rising from the ground. Can you imagine what fascinating feats of engineering lie under your feet? For a moment, let's picture the lives of the men who once stood guard here, on the lookout for the enemy threat...

Discover the whole history of this exceptional heritage at the tourist office.