



Access to start point

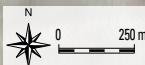
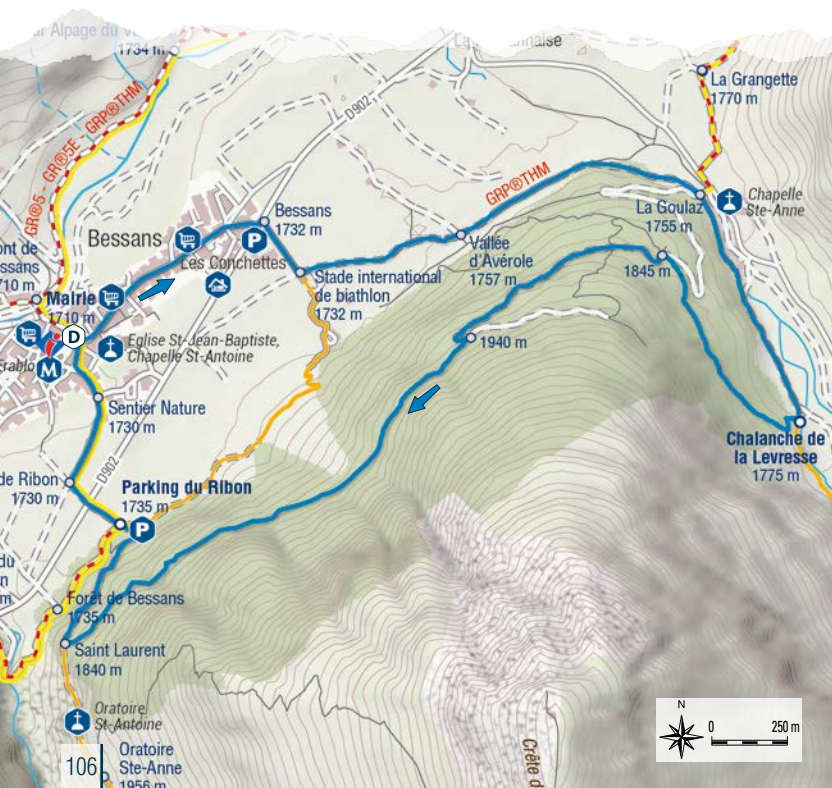
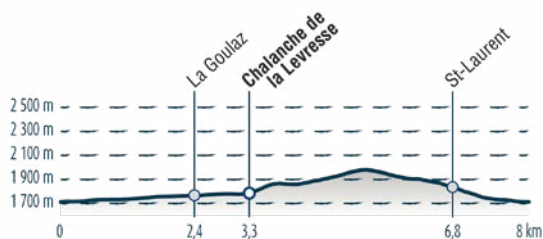
Bessans, Town Hall.

Place de la Mairie (Town hall square).

Parking nearby.



Scan and follow the route with your favourite app



Fresh hike



Breathe in deeply as you follow a shaded trail adorned with larch trees. Overlooking the Bessan plain, it's a popular place to go when you want to cool off. Take a look at the intriguing international biathlon site and then head to the forest!



Along the way

This hike takes you through part of the cross-country skiing area, so popular during the winter season. The world's top biathletes challenge each other on this site all year round... but now, enough daydreaming!

*Get motivated and go find the abundant Avérole torrent: as the locals would say "abadez-vous"! The left bank will guide you on a brief adventure into the valley of the same name. At a bend in the road, you come across the beautifully restored hamlet of La Goulaz where the past seems to come back to life.

What a surprise in the distance! What's the majestic glacier that just appeared? Her Majesty, the Charbonnel, silently reigns over the land, peaking at 3,752 metres.

A mere glimpse leaves you breathless as you venture further on this occasionally uneven slope. In spring, the larch dresses up in shades of intense pink: a jaw-dropping sight! Their new cones bloom in record time, as this evergreen is the only species that entirely renews itself every year. In the summer, they've got a colossal task on their hands!

Words from around here



*In the local Savoie dialect, "s'abader" means: getting into the groove, getting moving, going away.

It also applies to motivating yourself to getting out of bed in the morning.