24 Les Tavernes

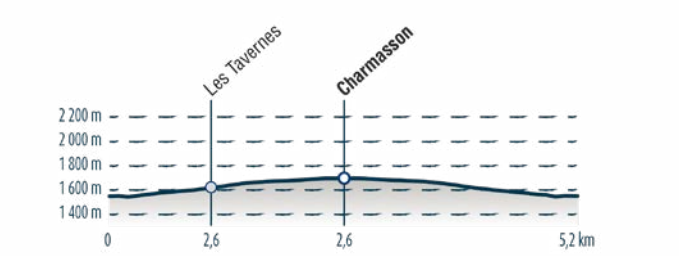
5.2 km | 160 m | 1 h 45 | 1,700 m / 1,545 m

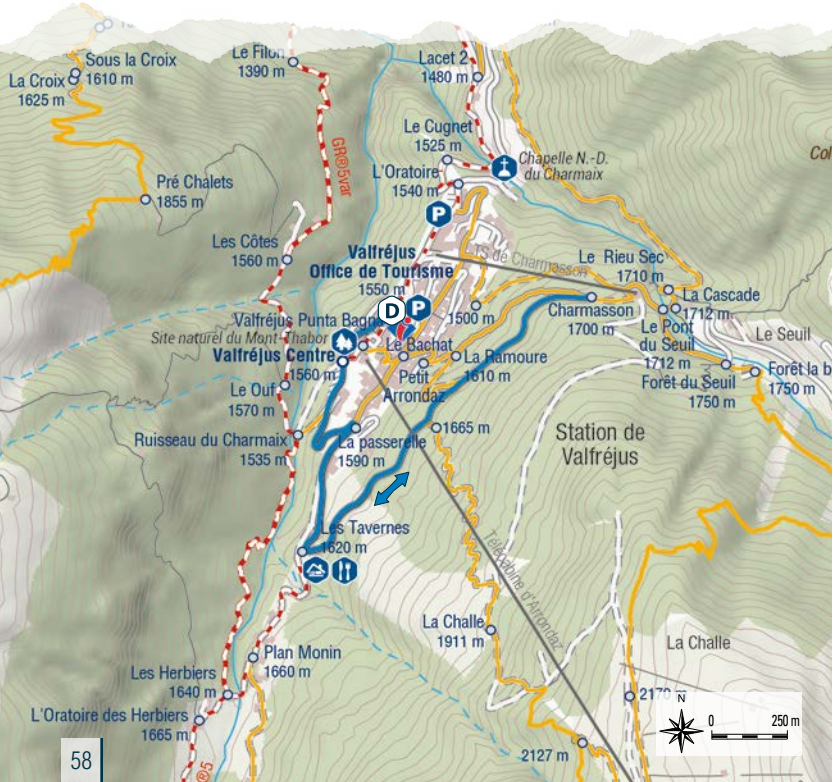
Access to start point

Valfréjus, Tourist Office.

Rue des Bettets. Parking nearby.

Scan and follow the route with your favourite app





Les Hauteurs de Valfréjus (The Heights of Valfréjus)

By the time you get to Valfréjus, you're probably itching to get up on the heights. Make your way to the summit on a chairlift, with the power of your own legs as you hike, or visit Les Tavernes horseriding centre... Ask for the programme!

Along the way

This is an easy walk, accessible to all from spring to autumn, that allows you to gain a little height in record time.

You'll leave the resort base behind you without even having to worry about signage on the path. It's a trail that's easy to follow and takes you right where you want to go in the cool of long summer evenings.

The mountain breeze heightens your sense of freedom as you walk with your family. Going at their own pace, young and old go ambling along or fooling around to their hearts' content. The trail passes by the Charmaix stream, where you'll be inspired to some new adventures.

The little extra

To make the most of your hike, you can plan to stop for a meal at Les Tavernes lodge. To avoid disappointment, book your tailor-made Savoyard menu in the morning.

As long as you book in the morning or early afternoon, you can be confident your gastronomic journey will be a success.