

Checklist

To ensure you have a great day out in the mountains, remember to:



Wear suitable footwear



Pack something warm to wear



Protect yourself from the sun



Take food and drinks with you



Take your rubbish home with you



Keep your dog on the lead

Weather

A shepherd would always tell you that you should never venture into the mountains without first checking the weather forecast, which you can find displayed on the noticeboard at the Tourist Information Office.

If storms are forecast, there's a risk that ski lifts may close early. Please consult the experts!

Sheepdogs

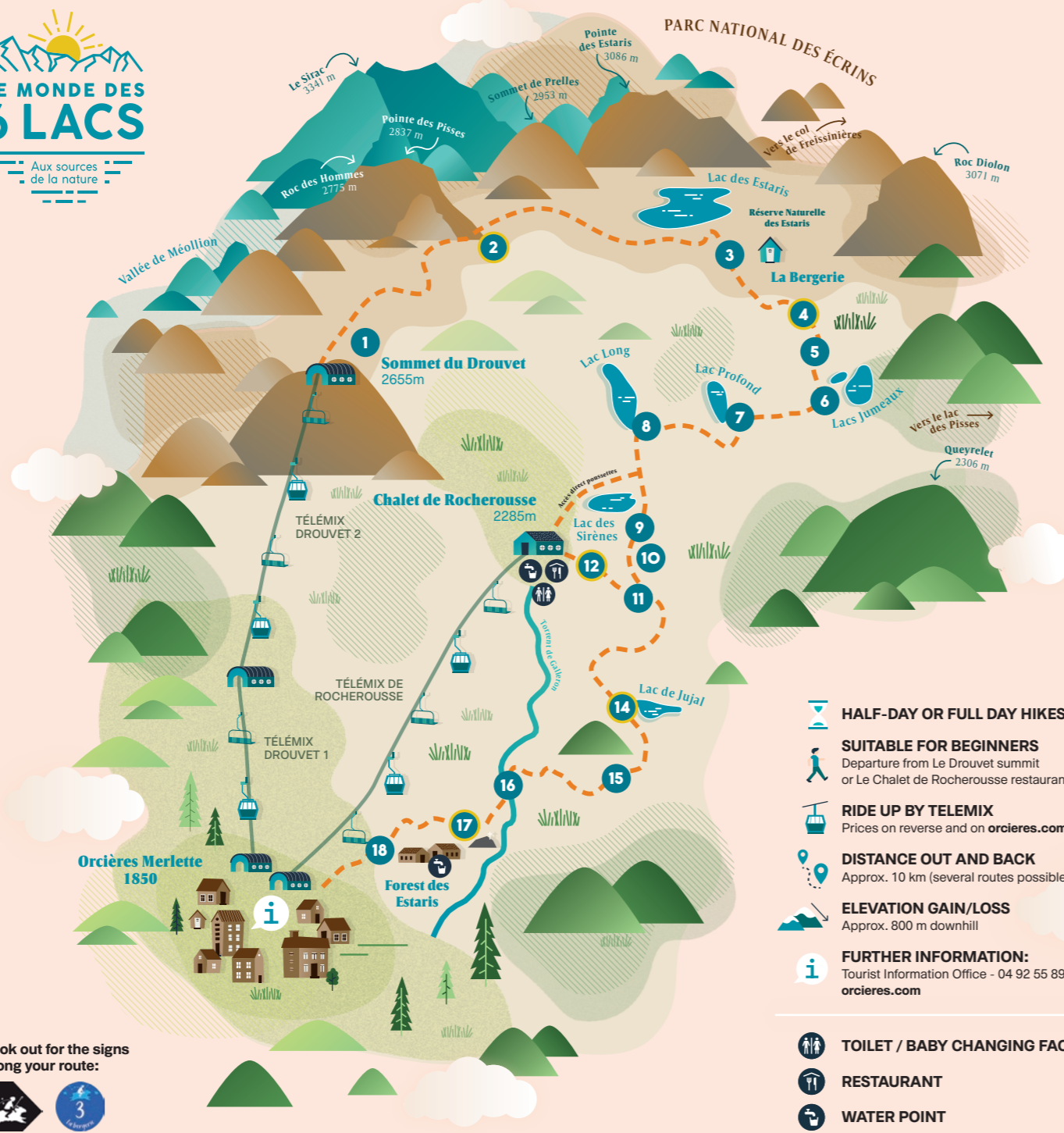
Your hike will lead you across mountain pastures, where shepherds live and work. Please respect these mountain dwellers and keep away from their huts. Their dogs do an exceptional job of protecting their flocks from predators. Please therefore make sure that you walk around them and always keep your distance. "Don't bark" at the sheepdogs - it won't do any good!

Ski lift timetables and prices

Passes are available from the Espace Écrins sales desk and the ticket office in Place du Queyrelet. **The pass covers travel up and down in the lift. You're free to walk up and enjoy the ride back down if you so wish!**

	First lift up	Last lift down	Prices
Drouvet Telemix	9:00 am	4:00 pm	Adult: 11 € Child*: 9 €
Rocherousse Telemix	9:30 am	4:45 pm	Adult: 8,50 € Child*: 7 €

* 5 to 17 years / Family price: adult ticket at the price of a child's ticket (min. 4 people from the same family, including at least 1 child under 17 and 1 adult) / Over 75s and children under 5 free.



Look out for the signs along your route:



HALF-DAY OR FULL DAY HIKES

SUITABLE FOR BEGINNERS
Departure from Le Drouvet summit or Le Chalet de Rocherousse restaurant

RIDE UP BY TELEMIX
Prices on reverse and on orcières.com

DISTANCE OUT AND BACK
Approx. 10 km (several routes possible)

ELEVATION GAIN/LOSS
Approx. 800 m downhill

FURTHER INFORMATION:
Tourist Information Office - 04 92 55 89 89
orcières.com

TOILET / BABY CHANGING FACILITIES

RESTAURANT

WATER POINT

IN THIS CURIOUS DREAM, HIGH MOUNTAINS, LAKES AND SHEEP WEAVE HIGGLEDY-PIGGLEDY AROUND EACH OTHER, LEAVING THEIR MARK ON THE LANDSCAPE.

DISCOVER 17* SPECIAL STOP-OFF POINTS ALONG YOUR HIKE THAT DRAW ON THE BEAUTY OF POETRY AND ART TO TRANSPORT YOU TO ANOTHER WORLD, IN WHICH NATURE SPEAKS TO YOU.

FOLLOW THE SIGNPOSTS ALONG THE WAY, USE THE MARKERS TO FIND YOUR BEARINGS AND LET YOUR IMAGINATION RUN FREE...

1 Counting giant sheep

One sheep jumps over the fence. Two sheep jump over the fence. Three sheep jump... over the valley, over the hills and far away! And as they do so, the bells around their necks fly off and away, leaving two giant collars in their wake, strewn across the landscape.

2 The curious tale of the mountain animals' meeting

But where have all the mountain animals gone? A looming shadow. Animal footprints running over the rock. And at the far end of the path, there they all are, presided over by a very curious creature indeed. Could it be? Could it really be the mythical mountain goatlike dahu?

3 La Bergerie

"Bergerie" in the sense of a sheepfold? Or "bergerie" in the sense of a mountain lodge? Which one is it? A place for sheep to shelter or a place for people to shelter, or stay? Let's just say it's a building on the mountain...

4 Hide-and-seek clouds

The lake ripples, gentle ripples that begin to gently rise, slowly evaporating in the air and forming a flock of clouds. Happy, grumpy, funny, shy: a curious flock of emotions playing hide-and-seek in the sky.

5 The Dreamer of Cimes

Stunned by the stunning scenery, spotting the silhouette of an ibex on the summit, his imagination ran wild. The sheep turned into giants, the fish refused to make their beds, the ewes became musicians, and the Monde des 6 Lacs was filled with the stuff of his daydreams.

6 The kaleidoscope of sheep

At the Lacs Jumeaux - the twin lakes - you'll see double! A sheep, captain of a floating island, plays with the water like a kaleidoscope, reflecting its image, fragmenting it, recomposing it and multiplying it, showing us what it looks like from all angles.

7 The surfing sheep

A storm is raging on Lac Profond! A crew of crazy sheep are riding the waves. They glide along, twist and rise with each wave and climb it with delight!

8 The long sleeping sheep

Once upon a time, there lived a shepherd whose sheep grazed these very alpine pastures. One day, when it was time to take a nap, the shepherd told his flock to stretch out and sleep. But there was one sheep who didn't quite understand the shepherd's words... and who became the longest sheep in the Alps, slumbering on the shores of Lac Long ever since.

9 The song of the sirens

The small mountain lake of Lac des Sirènes is where mermaids are born and grow up, under the watchful gaze of the high alpine peaks. A water nursery in which they play at leapfrog and other games and sing nursery rhymes to the sound of the bells of the animals who live in the Alps.

10 The path of encouragement

This is a delightful little path that spurs along those who walk it with motivational words. Running alongside it, a stream flows merrily downhill, but it is to those who are heading uphill that the path of encouragement speaks to: "Come on, you can do it! I promise you it'll be worth every step!"

11 A flock of sheep frozen in time

For the briefest of instants, the world stopped still. The water stopped flowing, the birds stopped flying, the marmots stopped whistling, the mountain goats stopped dead in their tracks... And then, just like that, everything sprung to life again, except for one shepherd and his sheep, who to this day remain immobilised in this moment of beauty.

12 The "Piste à suivre" is the path worth taking

It's not a tow path. It's not a cycle path. It's not a flight path. It's not a pathway to the stars either. It's a cairn path, so it's a path worth taking.

** Don't look for number 13 - shepherds are too superstitious!*

14 The animal hike

A fish on a bike? Have you ever seen anything like it?! Why not a dragonfly or butterfly with a tent or rucksack? Since when do the mountains' littlest inhabitants like hiking?

15 The marmots' den

It is here, at the end of autumn, that the marmots come to put on their pyjamas and snuggle down with their teddies and blankets for their long winter sleep.

16 A fish in a tree

Why! The world's turned upside down! Everything's topsy-turvy! It's easy to lose your bearings in this strange new world! Even the fish seem lost, sitting in a tree, enjoying the fresh air!

17 The dream writer

Letters that have fallen from an alphabet are etched in stone, initials of lovers, words of devotion cast into the landscape, they tell the story of a future already past and inscribe hope for the best stories to come.

18 The Dragon Fountain

This fountain was born out of the landscape. The daughter of the white dragon and black dragon, the two mountain streams that flank the mountains and from which locals draw their strength and their dreams.



At these stop-off points, you can play at being an explorer! See reverse!



"In the shade of a rock, intoxicated by the altitude, his mind, body and soul soothed by the pure alpine air, the shepherd rests his head... and dreams."





Welcome to the Monde des 6 Lacs

Situated in an exceptional area of rich environmental heritage, discover and explore 6 alpine lakes in an idyllic natural landscape: Grand Lac des Estaris (national nature reserve), Lac Long, Lac Profond, the Lacs Jumeaux, Lac des Sirènes and Lac Jujal.

A spectacular voyage of discovery... Where mountain life meets the imagination, with special stop-off points that invite and entice you to play, explore and daydream.

Freedom, fun and fascination guaranteed!



Let's go!

You can spend a whole day exploring the Monde des 6 Lacs or simply a leisurely hour or two, the choice is entirely yours..

From Le Drouvet summit, a 30-minute climb uphill along a narrow path will lead you onto wider mountain pasture paths.

Suitable to hike with little ones, too! (16 months+)

With a baby carrier

The perfect way to hike the whole route with your little one, starting from the top of Drouvet 2.

With an all-terrain pushchair

Access by Telemix from Rocherousse. There are two trails for you to choose from:

- **“Lac des Sirènes: Direct route”:** After a 40-minute climb, you'll reach the lake, where you can stop for a picnic and a play in the water. Once you're ready to leave, simply follow the same path back down to the Telemix.
- **The “Piste à suivre”:** Just below the restaurant, a small footpath will lead you to the bells and some rather strangelooking sheep. You can follow the same path back again. (+/- 1 hr 15 mins out and back with short stops).

Lac des Sirènes is also accessible from Rocherousse by wheelchair.

Ever further, ever higher!

For more athletic hikers

Why not skip the Telemix ride and hike straight up to the summit of Le Drouvet! The perfect way to get up close to the stunning alpine scenery.

Col de Freissinières

From Lac des Estaris, you'll find this pass in the Écrins mountains. To reach the pass, you'll need to extend your hike by 1 hour (200 m elevation gain).

Lac des Pisses

From the Rocherousse plateau, a 7th lake is accessible to keen hikers via the Lacs Jumeaux, leading to Prapic. Return by shuttle bus. 11.7 km / 200 m elevation gain/1000 m elevation loss / 5 hrs 30 mins.

Roc Diolon

Starting from Lac des Estaris, this route has some tricky, precipitous sections for hikers to contend with. **A first “3000” that's do-able in 3 hours out and back.**

Food and drink

- Restaurant on the Rocherousse plateau: Lunch served 12 pm. to 2:30 pm.
- High chairs and booster seats / Toilets with baby changing facilities.



Explore and play!
Mark your answers below and hand in at the Tourist Information Office to collect your explorer prize!

2 The curious tale of the mountain animals' meeting

On the evening of the mountain animals' meeting, there was one animal who didn't turn up. To find out who this was, simply hunt for the animal tracks along the path, to discover whose tracks are missing. Circle the missing animal below.

Mountain goat	Bearded vulture	Ibex
Rock ptarmigan	Weasel	Mountain hare

4 Hide-and-seek clouds

A flock of clouds plays hide-and-seek between the lakes. Some of them are disguised and others are full of emotion. Could you find them? Precise for any of them his building material and his name (wood / metal / stone).

Sad¹ - Grimace - Cirrus² - Astonished - Snow - Smiley - Musician - Climber - Wet - Cooker - Smart - Cumulus - Artist - Sheperd - Long - Hiker - Nesh - Grumpy

Stone Wood Metal

Between the bergerie and the bell bank

Between the bell bank and the Lacs Jumeaux

Between the Lacs Jumeaux and the Lac Profond

Between the Lac Profond and the Lac Long

"I have a tear in my eye / ? I am flat"

12 Play the bells (on the “Piste à suivre”)

Did you know? When the stars twinkle up above the world so high, the sheep love to go down to the clear mountain lake to dance to the sound of the bells, wagging their tails behind them. Follow the notes on the music sheet below and on the music sheet on the bells and play the two tunes.

1 DO 2 RÉ 3 MI 4 FA 5 SOL 6 LA 7 SI 8 DO

14 The animal hike

The mountains' littlest inhabitants have gone hiking, and everyone is very well-equipped indeed. Track them down and draw a line between each animal and the object they've taken with them on their hike.

Blue dragonfly	Dung beetle	Alpine newt	Brown frog	Apollo butterfly

17 The dream writer

Complete the poem below by finding the letters engraved in the rock and replacing the blanks in the poem with the corresponding words. Take care when approaching the cross and get down on all fours to get a better view of the letters.

THE DRÛ FOUNTAIN
BY JEAN SARRAZIN

IN A GROVE, BENEATH THE _____,
A FRESH _____ FLOWED,
CHARMING THE EYE WITH
ITS BREATHTAKING _____,
THE EAR WITH ITS GENTLE _____.

laurels	boughs	curve	reflection
spring	river	murmur	mane

Fill in our satisfaction survey and be in with a chance to win* a hamper of local goodies every week!

* Ask at the Tourist Information Office for details.

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