



7 km



+670m



2 h 30

2,760 m
2,093 m

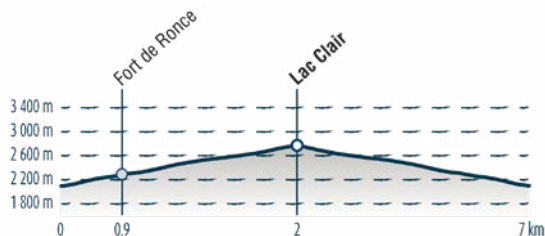
Access to start point

Val-Cenis, Plan des Fontainettes.

From Col du Mont-Cenis, RD1006 to Plan des Fontainettes. Car parks nearby.



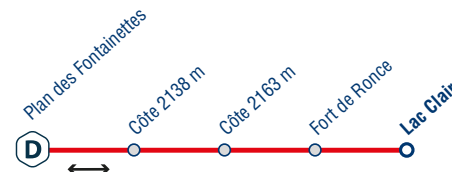
Scan and follow the route with your favourite app



From Forts to Lakes



The Mont Cenis plateau is a place steeped in history, home to many forts, including Fort Ronce, with its astonishing circular architecture. From this watchtower, discover a breathtaking view of Lake Mont Cenis and the surrounding peaks.



Along the way

This plateau is an historic crossing point between France and Italy. Since it was formerly a protected border, many military works have been built there. Fort Ronce is your first stop. The door is open, come on in and picture the life of the Italian soldiers stationed here all year round, under the watchful eye of the French soldiers stationed across the way! Like them, enjoy the breathtaking view of the lake with turquoise waters and the glaciers of the Vanoise.

Then continue your ascent on the gently sloping path to Clair lake, whose waters are fed by glacial melt pouring in from the glaciers that overlook it. The water's none too warm... Peace and quiet reign here, interrupted only by the tinkling of cowbells and the whistling of the playful marmots. You'll come across a few rock blocks scattered along the path, so take care as you navigate through them.

As you turn back, towards the sun reflected on the distant waters of Mont Cenis lake, a burst of colours greets your enchanted eyes: alpine flowers that only grow at this altitude, such as violets, bluebell campanulas, and yellow trolles.



Panoramic view of Ronce Fort from the path to Clair lake - M.-F.Rigolet