



COMPAGNIE DES GUIDES DE CHAMONIX MONT-BLANC

CHAMONIX SÉMINAIRES

'A LA CARTE' ACTIVITIES | TEAMBUILDINGS | EVENING ACTIVITIES | CONFERENCES

DISCOVER THE WILD SIDE OF MOUNTAIN



**Share unique
moments**

Reveal your Potential



Realize your Dream

Reinforce Team Spirit

**Extend your
knowledge**

Winter 2020

**25 YEARS
OF EXPERIENCE**

**40
OUTDOOR ACTIVITIES**

**250
EVENTS PER YEAR**

**365
A YEAR**

**700
GUIDES &
INSTRUCTORS**

**3
PROJECT MANAGERS AT
YOUR SERVICE**

For more than 20 years, the 'Chamonix Guide Company' and its Incentive department has been creating team building activities accesible to all and dedicated to companies :

- ✓ **Fun activities**
- ✓ **Cultural excursion**
- ✓ **Sporty Team building challenge**
- ✓ **Special nights...**

Our aim is to get each participant, from the more contemplative to the daring, involved in the activity in a friendly and recreational atmosphere, out of their usual business framework.

**Chamonix is our playground,
let us guide you around...**



**CHAMONIX
SÉMINAIRES**

'A LA CARTE'

Culture & Excursion

Panorama Aiguille du Midi

The most famous cable car in the world reaches the top of the Aiguille du Midi at 3 842 meters in only 20 minutes ! This high-mountain area provides a unique 360° panoramic view over the entire Mont-Blanc massif, Switzerland and Italy. After a presentation of the many surrounding legendary summits, your guide will share his knowledge on glaciers, local history and tell you about the construction of this incredible cable car. The 'Step into the Void®' is a technological prowess which promises an unforgettable experience ! With more than a thousand metres of emptiness beneath your feet inside this glass box. Thrills are guaranteed...

Half-day | From 6 people.
All year | Accessible to all.



Panorama Montenvers – Mer de Glace

Admire one of the greatest glacier in Europe !

The famous Montenvers rack and pin train takes you to the edge of the Mer de Glace in only 20 minutes ! The Montenvers terrace offers a spectacular view over the Drus peaks, Aiguille Verte, the Grandes Jorasses mountain... The receding action of the Mer de Glace reminds us of the reality of global warming.

It is a perfect place to exchange views and discuss the necessity of a low environment impact.

Half-day | From 6 people.
All year | Accessible to all.

Panorama Helbronner - Italy

After a short drive through the Mont-Blanc tunnel, we quickly reach 3 462 meters and the 'Pointe Helbronner' with the brand new 'Skyway' cable-car. Its 360° revolving cabins will allow you to enjoy breathtaking views of the Aosta Valley and the Italian side of Mont-Blanc. At the top, the terrace will offer you a XXL panoramic view on the South side of Mont-Blanc. The tour continues by visiting the Mont-Blanc room: an immense glass wall overlooking Mont-Blanc, and the Crystal room where you can admire the jewels of our mountains...



'A LA CARTE'

Ski – All levels

Ski Discovery

From the first skiing experience to amazing off-piste runs with view on the Mont Blanc range : satisfaction guaranteed for everyone ! Custom-built groups are made to suit participant's motivation and skiing ability.

Half-day or full-day | From 6 people
From December to April
(depending on the conditions) Beginner to expert



Off Piste ski trip

Need to escape ? Feel the urge for fresh ski tracks ? We will guide your group down the legendary 'Grands Montets' ski area (Alt. max 3 300 m). Our certified Mountain Guides will show you the great skiing potential that the glacier has to offer. We promise you a unique experience with spectacular views !

Full day | From 6 people
From December to May (depending on the conditions)
For good skiers



Cross Country skiing

Cross Country skiing is a different way to discover winter activities, far away from cable cars & accessible to anyone! Close to nature in beautiful countryside, forest, open fields and along the river, you'll share a great moment !

Half-day | From 6 people – Beginner to expert
From Late December to March



Vallée Blanche

Ski the legend!

Top of the Aiguille du Midi Alt. 3 842 m - the famous ridge is just in front of you with its legendary run starting just below : It is a skier's wonderland!

A 23 km run, through incredible glacier bowls and slopes with a breathtaking panorama : Mont-Blanc, the Chamonix Aiguilles, the Grandes Jorasses, the Drus, and the Verte. A must in a skier's life! The Vallée Blanche is not just a ski run but a journey into the world of mountaineering...

From 4 to 6 hours | From 6 people
From January to May
(depending on the conditions)
For expert skiers

'A LA CARTE'

Glacier experience

Ice Climbing

Your co-workers will love this fun and unusual activity! You do not need to know about mountaineering or climbing, just bring your motivation along to enjoy this worthwhile activity, in an unexpected atmosphere. A very stimulating moment during which team members can push their limits and enjoy a real challenge.

**Half-Day | From 6 to 20 persons
From December to February
(depending on the conditions)
For Dynamic people**



Snowshoeing on the « Mer de Glace »

The famous Montenvers rack and pin train leaves from Chamonix and takes you to the edge of the Mer de Glace in only 20 minutes – Alt 1913m ! Wearing snowshoes, join the party for an incredible hike with a breathtaking panorama. Follow your mountain guide through crevasses, meander between ice walls and frozen waves on an ocean of ice ! An introduction to alpine techniques is also possible: practice ascending ice walls using ice-axes, walk between crevasses...

**Half-day or full-day | from 6 people
From December 20th | Accessible to All.**



Snowshoeing on Glacier “Col du Géant Alt. 3500m – Italy”

After a short drive through the Mont-Blanc tunnel, we quickly reach 3 462 meters and the Helbronner peak with the brand new 360° panoramic cable-car. At the top, the XXL view of the south side of Mont Blanc is wilder and almost Himalayan looking. During this easy snowshoe hike, you will have plenty of time to emerge yourself into this gigantic and marvellous environment made of rock and snow...

**Half-Day or Full-Day | From 6 people
From December 1st. | Accessible to All.**



'A LA CARTE'

Have a break...

Tandem Paraglide Flight

Let's discover Chamonix valley from the sky ! Fly with a magnificent view over Chamonix valley and the Mont-Blanc range. Without feeling dizzy, you will discover the sweet and amazing sensation of slipping into the air ... A unique experience that you will not soon forget !

1.5h | Maximum 10 people
All year | Accessible to all



Dog Sleigh & Snowshoe hike

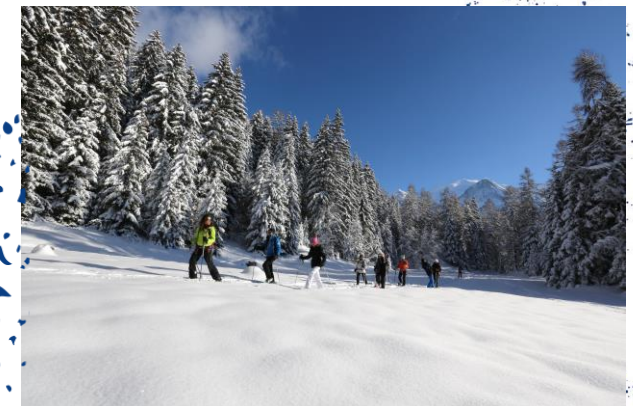
A Nordic-style adventure to bring up childhood dreams:
become a musher and live the arctic lifestyle for a while! Get introduced to dog sleigh driving techniques and ride the open snow-covered landscapes in the Chamonix Valley. Join us for a real arctic experience and drive your own husky pack...!

Half-day | From 6 to 24 people
1 person per dogsleigh – Accessible to All
From December to April
(depending on the conditions)

Snowshoe Hike

If you want a breath of fresh air between meetings, a snowshoe hike is an ideal way to come into the contact with the energising power of nature. We can either plan a pretty active hike or a more relaxing walk in the snow & forest, depending on your needs... Snowshoeing allows you to appreciate the quietness of nature in winter by crossing through untouched snowfields. Welcome to our secret garden and discover the amazing world of nature !

Half-Day or Full-Day | From 6 people
From November to April | Accessible to All



'Teambuilding'

Mountaineering discovery

Our team will give you innovative and creative solutions so that your corporate event will be an unforgettable moment reaching all its objectives!



'Mer de Glace' Challenge & Sustainable development

Take your staff and co-workers for an unforgettable experience in an extraordinary high-alpine environment. This challenge is unique in its own way: located on the glacier itself, it combines alpine sightseeing, an approach to mountaineering practices and global warming awareness. Your outdoor experience will benefit from the presence of our alpine morphologist and member of the Compagnie des Guides, who will provide clear yet scientific explanations of frequent alpine phenomena.

**Big Half-Day | From 20 people
From December 20th | For dynamic people**



Challenge Alpin

Join our team of mountain guides and rope up for an original experience: teambuilding incentive in a mountaineering environment ! This Alpine Challenge illustrates a strong theme, gathering values and principles found in sports and business : self-improvement, adaptability, will-power ... The ideal challenge for a dynamic sports-oriented group. In a beautiful mountain setting, deep into the Argentière glacier moraine, each party will follow a challenging route : zip-line, via "Cordata", abseiling or an introduction to ice-climbing !

**Half-Day | From 20 to 50 people
From December to March
(depending on the conditions)
For sportypeople**



‘Teambuilding’

Just have fun!

Cham’ Trophy

**Team up and have fun while playing outdoors:
Rifle shooting, body curling, build a rescue stretcher, Blind Tasting,
Lumber-jacking, Guide’s knots, Ride Giant, Roped-up Gymkhana...
Team spirit, partnership, commitment and communication will make
this event a true challenge to develop leadership skills and succeed!
After all your hard work, enjoy a nice time under tent where you can
have a drink such as the famous “vin chaud”.**

Half-Day | From 20 people

From December to April (depending on the conditions)

Accessible to All



Challenge Glisse

**Let’s take altitude and speed! Use fun and unusual items such as sledges, tyre-tubes & “parets” (wooden ski-bikes) on a privately prepared ski run.
The challenge ends under our central incentive tent, to exchange stories, laugh and relax with a glass of “vin chaud” (mulled wine).**

Half-Day | From 20 people

From December to April (depending on the conditions) - Accessible to All



Challenge Biathlon

**Precision, rapidity, stamina & concentration...
Enjoy nordic sports and try rifle shooting on a real shooting range!
After an introduction to cross-country skiing,
we will start the “Biathlon challenge” in teams!**

Half-day | From 20 to 90 people

From December to April (depending on the conditions) Accessible to All



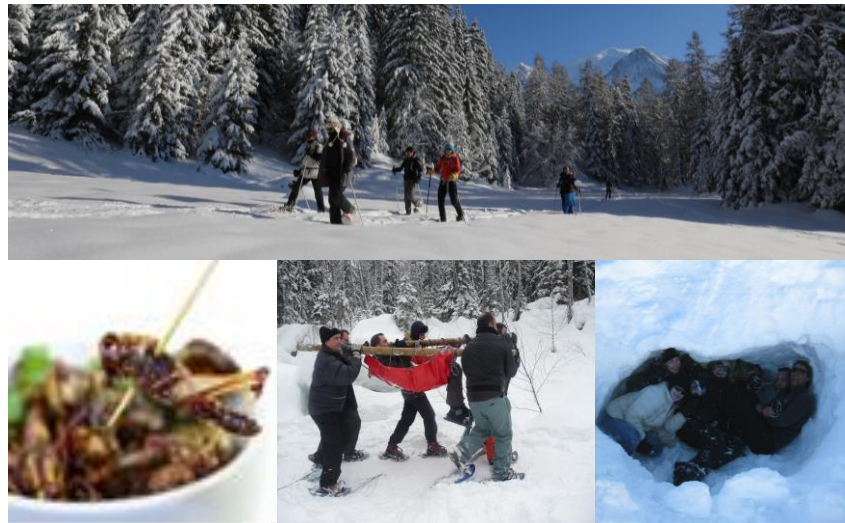
'Teambuilding'

Role play

Challenge 'Premier de Cordée'

Chamonix : the birthplace of mountaineering, legendary summits and big ascents! Imagine yourself in Chamonix to achieve the famous Mont-Blanc ascent ...You will elect your guide or lead climber and prepare your team for this special adventure ! You will have to collect equipment for such an ascent as well as valuable information, and prove yourself on typical mountain workshops...

Half-Day and evening | From 20 people
All year | Accessible to All



Challenge 'Into the Wild'

You will be left to your own devices after a short briefing and few instructions. Your mission : find your way and join the main 'Base Camp' with your crew... Each team will have a snowshoeing-survival kit : you'll have to orientate yourself, find informations and face survival challenge during the adventure... A program designed to improve staff cohesion, group communication and to develop partnership skills. In the heart of a preserved nature, let's stimulate your team spirit...

Half-Day | From 8 people
All year | Accessible to All



Cultural

From Chamouny to Chamonix

Perfect between meetings, appropriate just before dinner, this original way to learn about Chamonix is available any time during the day. Hidden all over the town center, this is a fun search to find enigmas revealing typical and historical aspects of today's mountaineering world capital! The teams will have a cultural questionnaire during this walking rally, local product tasting session as well as other fun workshop... Finally, after this 'Chamonix quiz' through the town center, enjoy a nice glass of "vin chaud" that will put you in a good mood for the night!

Half-Day | From 10 people
All year round | Accessible to All



'Night Adventure'

Cosy

Moonlight Adventure

A pleasant time in a friendly atmosphere during this special evening ! Thanks to headlights, discover the extraordinary beauty of nature in winter ! Taste our delicious « vin chaud » in a cozy atmosphere under the light of burning torches ... Enjoy and share a relaxing and convivial time. After a walk in the countryside, try a typical « Savoyard » meal in a small, charming restaurant within the Chamonix valley.

**6.30pm to 10.30 pm | From 6 to 90 people
From December to April
(depending on the conditions) Accessible to All**



Fun

Snow Challenge

**End your meeting day with a fun and relaxing outdoor time under torchlights.
Having a good time is the spirit of this challenge!
Have a fun snow sliding on some unusual toys :
tyre-tubing, “paret” or yooner riding, body curling....
And what about sharing a “vin chaud” under tent to share laughs & experience ?**

**6.30 to 10.30 pm | From 20 people
From December to April (depending on the conditions) Accessible to All**



Night Out

Night in 'Loriaz' hut

Escape for a snowshoe hike in wilderness with one night at the Loriaz hut. After 700m of ascent through the forest, we reach this old mountain pasture, located at Alt. 2020m and in the heart of the 'Aiguilles Rouges' massif. Facing this exceptional panorama enjoy this special moment and disconnect from the humdrum of your daily life !

**Afternoon + Night+ Morning
From 6 to 24 people
From January to April | For Dynamic people**



Conferences & Meetings

Let's talk about alpinism ...

The 'Compagnie des Guides' spirit & the business industry : a surprising parallel!

Screening of our movie « Guides & Cie » translated in English.
You will discover incredible views and summits, High quality scenes on the
“Mountain Guide job”. Quite unexpectedly you'll notice that there are few
common values linking those 2 very different world...
Speech of a High Mountain Guide & free discussion.

Few different conference options available.

Awareness of Global warming & Impact on our Glaciers

Conference with Ludovic Ravanel, doctor of geomorphology and member of the
Compagnie des Guides. Ludovic received several awards for his thesis on
mountain rock collapse and regularly gives speeches at the Montenvers site to
explain the impact of global warming on our glaciers.
A fascinating conference not to be missed...

Your Summit Meeting

- **MONTENVERS 'SALON MER DE GLACE' - 1 913 M**
Room for about 70 people.
- **COSMIQUES HUT - 3613M**
Room for 30 people (video projector and computer available at the shelter).
- **AIGUILLE DU MIDI - 3842M**
Room for 26 people (video projector and computer available at the shelter).
- **SKYWAY MONTE-BIANCO IN ITALY - 2773M**
Auditorium of 150 people.
Room for 30 people (video projector and computer available at the shelter)

A contemplative activity or a glacier hike can be organized before or after the meeting.





LA MONTAGNE VERSANT SAUVAGE



Crédits photo

Compagnie des Guides de Chamonix : Eric Courcier, François-Eric Cormier, David Ravanel

Maison de la Montagne : OT Chamonix | Morgane Raylat

Aiguille du Midi : OT Chamonix | Salome Abrial & Compagnie du Mont-Blanc

Montenvers : OT Chamonix | DR

Helbronner : Skyway | Antonio Furingo

Refuge de la Loriaz

www.chamonix-seminaires.com | info@chamonix-seminaires.com | +33 4 50 53 62 62