

Mont Froid Fort



←--→ 12 km

√ +720m



2,822 m



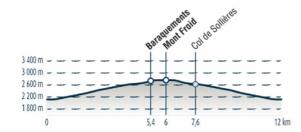


Access to start point

Val-Cenis, Route du Petit Mont-Cenis. From the Col du Mont-Cenis, continue towards Col du Petit Mont-Cenis.



Scan and follow the route with your favourite app





Wide open spaces at high altitude







The tone is set as soon as you leave Col du Mont Cenis. You are about to sample the joys of vast high-altitude landscapes! Explore the wilderness between endless alpine meadows and rocky outcrops as you flirt with the high mountains.



Along the way

There's a short warm-up through the Tarines alpine pasture. In high-altitude grasslands, mischievous marmots play hide-and-seek and whistle at your approach.

Turn into the tranquility of Grand Plan to prolong your journey. An even rockier landscape opens out ahead of you.

Make your way through the dolines (sinkholes) and curious depressions that herald the Col de Sollières.

Many switchbacks later, you'll conquer the final ridge and reach its summits. The chamois are watching you, clearly intrigued.

The old barracks bear witness to the site's military history.

Here, among the peaks, exhilaration takes hold of you as you follow a path that seems to connect heaven and earth. "Queen Meije," the Aiguilles d'Arves, and Barre des Écrins lie in the distance yet seem so close. Take a deep breath as you face the Vanoise Glaciers and the Grande Casse.

Upon arrival at the Fort, magical panoramic views and a touch of heritage await you: a fitting reward for your ascent to 2,822 metres of altitude.

Life around here

For garrisons stationed so high in the mountains, there were very few distractions... other than visits from an odd sort of postman. Dedicated and true to his mission, Flambeau the post dog was no ordinary dog.

Every day during the winter, from 1928 to 1937, in all weather conditions, Flambeau would deliver the mail from Lanslebourg. The story says that he won the soldiers' hearts over forevermore.