

# Au fond d'Étache (Deep in the Étache valley)



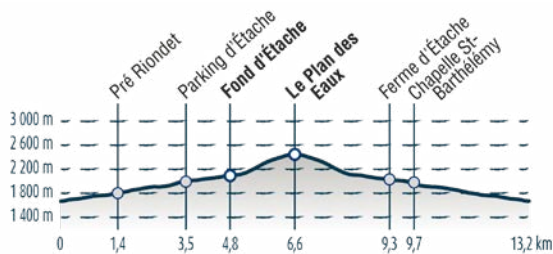
## Access to start point

Val-Cenis - Bramans, Le Planay.

From Bramans, D100 towards Val d'Ambin to Le Planay car park.



Scan and follow the route with your favourite app



## A wild valley



Taste the wilderness of Haute Maurienne Vanoise! Bursting with variety, this secret valley is a true enchantment. You'll cross a range of mountain zones and each step will take you into a new journey.



## Along the way

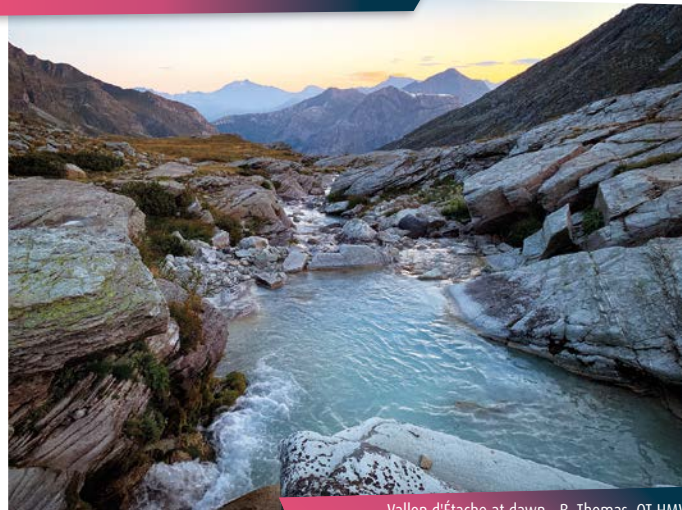
Setting off in the early hours, when dew still lingers on the forest floor, you soon feel the gentle touch of the sun's first rays.

On a trail that winds its way through the woods, your footsteps are accompanied by the melodic trickle of the Étache stream.

You carefully shut the gates behind you as you make your way along, and suddenly, you're struck by the magic of the high-altitude Arolla pines. The Grand Bec d'Étache appears in the distance.

At the farm, add to your picnic with the delicious cheeses you can buy directly from the producer all summer long.

As soon as you've refueled, off you go again, eager to reach the waterfall. Don't quit while you're ahead! The valley still has secrets to reveal.



Vallon d'Étache at dawn - B. Thomas, OT HMV