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# Le Cuchet Refuge

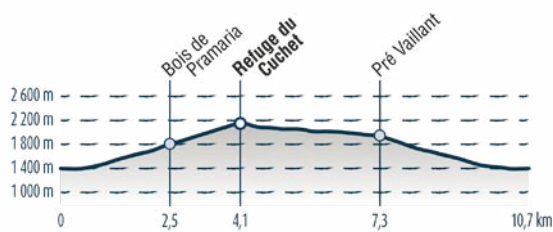


## Access to start point

Val-Cenis - Lanslebourg, Tourist Office.  
89 Rue du Mont Cenis. Parking nearby.



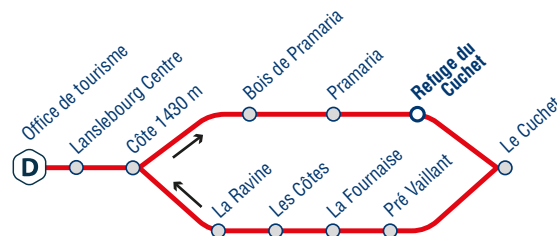
Scan and follow the route with your favourite app



## Wide-angle view!



Cross an enchanting forest to reach a rocky promontory. Enjoy spectacular views as you journey through a wide range of mountain landscapes. Stop dilly-dallying! A breathtaking panoramic view awaits you up there...



## Along the way

Marmots' calls greet you as soon as you leave the village. Cross the Sainte-Marie stream and embark on one of the area's most beautiful approach hikes. The Pramaria woods are wonderfully cool and refreshing. Spruce and fir trees dominate here. Can you feel the serenity?

Suddenly, as if by magic, Massif du Mont Cenis rears its head on the opposite slope. When the Lombarde starts to blow, an astonishing sight often begins to unfold as clouds envelop the Col. A well-deserved food stop may tempt you to stay overnight in this unsupervised refuge.

In the hamlet of Cuchet, ruins and restored chalets come together to create an authentic mountain atmosphere, showcasing traditional life in the mountain pastures. Herds, marmots, and chamois often share this living area. Sometimes, you can even spot the wings of a bearded vulture as it soars over La Turra ridge and the peak of Grand Vallon.

At the fringes of Vanoise National Park, enjoy a succession of exhilarating viewpoints that'll give you wings as you make your way down a trail designed for experienced trail runners and hikers.

## Did you know?



Blue - white - red... These are not just the colours of the French flag. On the fringes of Vanoise National Park, you'll often come across this symbol. It indicates the boundary of the protected area and its specific regulations.