



COMPAGNIE DES GUIDES DE CHAMONIX MONT-BLANC

# CHAMONIX SÉMINAIRES

'A LA CARTE' ACTIVITIES | TEAMBUILDINGS | EVENING ACTIVITIES | CONFERENCES

DISCOVER THE WILD SIDE OF THE MOUNTAIN



**MOTIVATE**  
YOUR TEAM

**SHARE**  
UNIQUE MOMENTS

**REVEAL**  
YOUR POTENTIAL

**ENCOURAGE**  
TEAMWORK

**BUILD**  
YOUR TEAM SPIRIT

*Winter 2025*

*25 years*  
OF EXPERIENCE

*40*  
OUTDOOR ACTIVITES

*250*  
EVENTS PER YEAR

*365*  
DAYS A YEAR

*700*  
MOUNTAIN  
PROFESSIONALS

*3*  
PROJECT MANAGER  
AT YOUR DISPOSAL

You wish to **motivate** and **inspire** your team, **reward** them or **build** a strong relationship with your clients ?

For over 25 years, the 'Compagnie des Guides de Chamonix' and its Incentive department has designed **challenging outdoor activities** accessible to all and dedicated to companies.

Using our expertise, we offer **tailor-made** solutions to fit your needs and expectations, and make your corporate event unforgettable and successful.

Our aim is to get each participant, from the most contemplative to the most dynamic, involved in the activity in a friendly and recreational atmosphere, away from the usual business environment.

*Chamonix is our playground,  
let yourself be guided ...*





# 'A LA CARTE' ACTIVITIES

## A mountain of memories

### Aiguille du Midi Panorama

#### High-mountains at an arm's reach !

The most famous cable car in the world reaches the top of the Aiguille du Midi at 3 842 meters in only 20 minutes !

This high-mountain area provides a unique 360° panoramic view over the entire Mont-Blanc massif, Switzerland and Italy.

After a presentation of the many surrounding legendary summits, your guide will share his knowledge on glaciers, local history and tell you about the construction of this incredible cable car.

The 'Step into the Void®' is a technological prowess which promises an unforgettable experience ! With more than a thousand metres of void beneath your feet inside this glass box.

**Thrills are guaranteed...**

Half-Day | From 6 people  
From mid December to early November | For all



### Helbronner Panorama

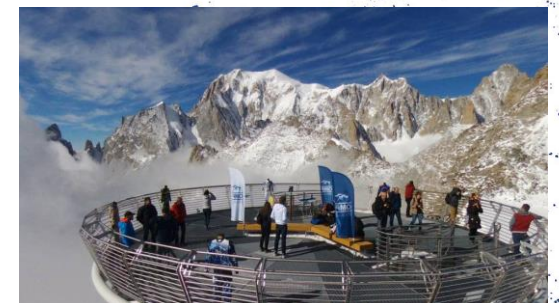
#### Take a 360-degree tour !

After a short drive through the Mont-Blanc tunnel, we quickly reach 3 462 meters and the 'Pointe Helbronner' with the brand new 'Skyway' cable-car. Its 360° revolving cabins will allow you to enjoy breathtaking views of the Aosta Valley and the Italian side of Mont-Blanc.

At the top, the terrace will offer you a XXL panoramic view on the South side of Mont-Blanc.

The tour continues by visiting the Mont-Blanc room : an immense glass wall overlooking Mont-Blanc, and the Crystal room where you can admire the jewels of our mountains...

Half-Day | From 6 people  
From early December to early November | For all



### Montenvers - Mer de Glace Panorama

#### Admire one of the greatest glacier in Europe !

The famous Montenvers rack and pin train takes you to the edge of the Mer de Glace in only 20 minutes !

The Montenvers terrace offers a spectacular view over the Drus peaks, the Aiguille Verte, the Grandes Jorasses mountain...

The receding action of the Mer de Glace reminds us of the reality of global warming.

It is a perfect place to exchange views and discuss the necessity of a low environment impact.

Half-Day | From 6 people  
From mid October to the end of September | For all

# 'A LA CARTE' ACTIVITIES

## Make your tracks

### Alpine Skiing

#### Beginner to expert ... just follow the guide !

From the first skiing experience to amazing off-piste runs with view on the Mont Blanc range : satisfaction guaranteed for everyone !

Custom-built groups are made to suit participant's motivation and skiing ability.

Half-Day or Full-Day | From 6 people  
From December to April (depending on the conditions) | Beginner to Expert



### Vallée Blanche

#### Ski the legend ...

Top of the Aiguille du Midi Alt. 3 842 m - the famous ridge is just in front of you with its legendary run starting just below : it is a skier's wonderland !

A 23 km run, through incredible glacier bowls and slopes with a breathtaking panorama : Mont-Blanc, the Chamonix Aiguilles, the Grandes Jorasses, the Drus, and the Verte. A must in a skier's life !

#### The Vallée Blanche is not just a ski run but a journey into the world of mountaineering ...

4 to 6 hours (depending on the itinerary) | From 9 people  
From January to May (depending on the conditions) | For expert skiers



### Ski touring

In addition to the pleasures of skiing, experience a real immersion in the heart of the winter mountain. Discover the Massif des Aiguilles Rouges and the Massif du Mont Blanc and ski perfect snow in unsuspected areas.

Half-Day | From 6 people  
From December to March (depending on the conditions) | Expert skiers

### Off-piste Skiing

#### Need to escape ? Feel the urge for fresh ski tracks ?

The Chamonix Valley is world famous for its exceptional off-piste skiing routes.

The different sites offer a playground that our guides know like the back of their hands.

They will make you ski the most beautiful spots in the best conditions : Lognan, Le Tour, Brévent, Courmayeur ...

#### We promise you a unique experience with spectacular views !

Half-Day or Full-Day | From 6 people  
From December to April (depending on the conditions) | For good skiers





# 'A LA CARTE' ACTIVITIES

## Glacier Experience

### Snowshoeing on *Mer de Glace*

1913 m

The famous Montanvers rack and pin train leaves from Chamonix and takes you to the edge of the Mer de Glace in only 20 minutes ! Wearing snowshoes join the party for an incredible hike with a breathtaking panorama.

Follow your mountain guide through crevasses, meander between ice walls and frozen waves on an ocean of ice! An introduction to alpine techniques is also possible: practice-ascending ice walls using ice-axes, and rope-up for a thrilling walk between crevasses...

**By the end of the day, crevasses, glacier moraines and ice tables will seem so familiar !**

Half-Day or Full-Day | From 6 people  
From mid December | For all



### Snowshoeing at *Col du Géant – Italy*

3 500 m

#### **Introduce your staff and co-workers to high-mountainering !**

After a short drive through the Mont-Blanc tunnel, we quickly reach 3 462 meters and the Helbronner peak with the brand new 360° panoramic cable-car.

At the top, the XXL view of the south side of Mont-Blanc is wilder and almost Himalayan looking.

During this easy snowshoe hike, you will have plenty of time to immerge yourself into this gigantic and marvellous environment made of rock and snow.

**If you feel out of breath, it is probably because of the altitude...or is it from the views ?**

Half-Day or Full-Day | From 6 people  
From early December | For all

### *Ice-Climbing*

**Let's try an original activity for small groups with new challenges and sensations ...**

Your co-workers will love this fun and unusual activity !

You do not need to know about mountaineering or climbing : just bring your motivation along to enjoy this worthwhile activity, in an unexpected atmosphere.

A very stimulating moment during which team members can push their limits and enjoy a real challenge.

Half-Day or Full-Day | From 6 to 20 people  
From December to March (depending on the conditions)  
For active and dynamic people



# 'A LA CARTE' ACTIVITIES

## Wild escape

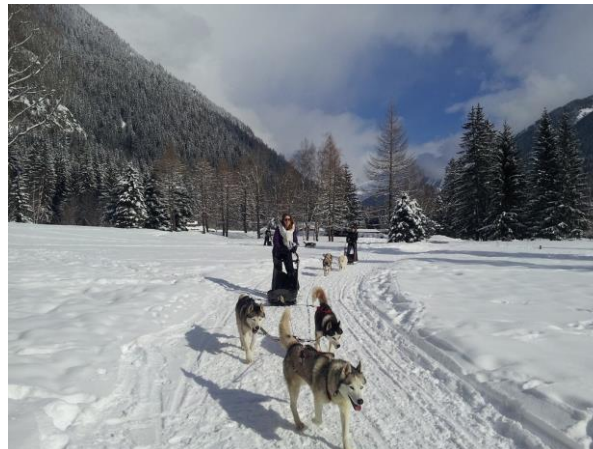
### *Snowshoeing*

**A quiet and energizing activity away from the turmoil of the ski lifts !**

If you want a breath of fresh air between meetings, a snowshoe hike is an ideal way to come into the contact with the energising power of nature. Snowshoeing allows you to appreciate the quietness of nature in winter by crossing through untouched snowfields.

**Welcome to our secret garden and discover the amazing world of nature !**

Half-Day or Full-Day | From 6 people  
From December to April (depending on the conditions) | For all



### *Dogsleigh ride & Snowshoeing*

**Become a musher and live the arctic lifestyle !**

Get introduced to dogsleigh driving techniques and ride the open snow-covered landscapes in the Chamonix Valley. Join us for a real arctic experience and drive your own husky pack...!

Half-Day | From 6 to 24 people – 1 people per dogsleigh  
From December to April (depending on the conditions) | For all

### *Connexion*

**Group cohesion / Stress management**

**"Acting on what you can control"**

\*Connecting to the group, by experiencing the dynamics and becoming aware of non-verbal language through a fun session based on theatrical warm-ups.

\*Connecting with yourself, by tackling stress management with an easy-to-use tool: breathing.

2h | From 6 to 30 people at the same time  
All year round | For all





# 'Teambuilding' ACTIVITIES

## Nowhere else

Offering a **teambuilding activity** to your staff will **develop team spirit**, **create a link** while discovering each other from a different angle, **strengthen solidarity**, **share unique moments** out of the office or simply reward them.



## Alpine Challenge

Join our team of mountain guides and rope-up for an original experience : a teambuilding incentive in a mountaineering environment !

In a beautiful mountain setting, each party will follow a challenging route : zip-line, via "Cordata", abseiling or an introduction to ice-climbing !

The ideal challenge for a dynamic, sports-oriented group.

Half-Day or Full-Day | From 20 to 50 people  
From December to March (depending on the conditions)  
For active and dynamic people



## Eco-Challenge on Mer de Glace glacier

Take your staff and co-workers for an unforgettable experience in an extraordinary high-alpine environment !

A challenge like no other which combines alpine sightseeing with an introduction to mountaineering and awareness of the impact of global warming on our glaciers.

Long Half-Day | From 20 to 150 people  
From mid December | For all



# 'Teambuilding' ACTIVITIES

## Fun

### *Cham' Trophy*

Strengthen the cohesion of your team !

Team up and have fun while playing outdoors :  
Tyrolean Traverse, Rifle Shooting, Body Curling,  
Avalanche transceiver search, ...

Team spirit, partnership, commitment and  
communication will make this event a true challenge  
to develop leadership skills and succeed !

Half-Day | From 20 people  
From December to April (depending on the conditions) | For all



### *Biathlon Challenge*

Enjoy Nordic sports and try your hand at a Biathlon !

After an introduction to cross-country skiing,  
we will start this nordic challenge !  
A cross-country ski run where you will have to be quick  
and show your endurance, followed by rifle shooting  
on a real shooting range, where precision &  
concentration are the key words.

Half-Day | From 20 to 90 people  
From December to April (depending on the conditions) | For all

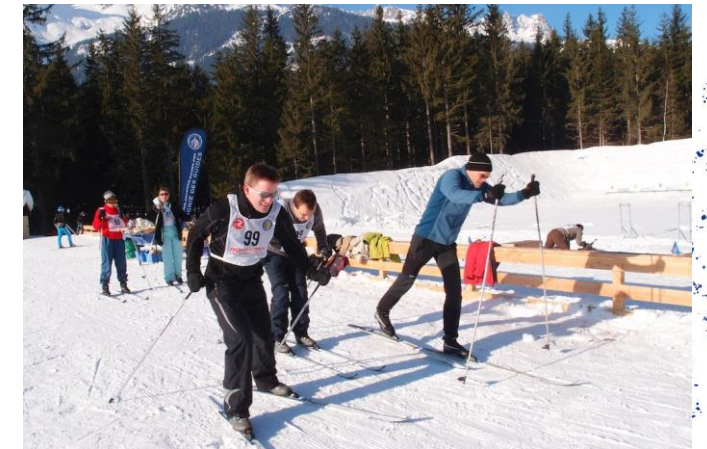


### *Snow Challenge*

Try our Olympic events in an alpine setting !

The mountains provide a magical setting to mix the  
pleasures of activities in the snow with a teambuilding  
challenge. Use fun and unusual items such as tyre  
tubes and "parets" (wooden ski-bike) on a privately  
prepared ski run.

Half-Day | From 20 people  
From December to April (depending on the conditions) | For all





# 'Teambuilding' ACTIVITIES

## Role Play

### *Into the Wild Challenge*

**Make this wild adventure yours !**

A program designed to improve staff cohesion and get to know your colleagues differently all within a natural and preserved alpine environment.

Test your team spirit in our outdoor workshops (avalanche transceiver search, building a survival shelter, making a stretcher,...) and stimulate your skills in decision making.

Half-Day | From 8 to 70 people  
From December to April (depending on the conditions) | For all



### *Premier de Cordée Challenge*

**Chamonix ... the birthplace of mountaineering,  
legendary summits and big ascents !**

You will elect your guide or lead climber and then prepare your team for this incredible adventure !  
You will collect the necessary elements for such an ascent as well as valuable information to prove yourself in our mountain workshops : guides' knots, cliff rescue-simulating exercise, construction of a stretcher, avalanche victim search with a transceiver, giant "zip-line" above a lake.

Half-Day | From 20 to 70 people  
From December to April (depending on the conditions) | For all

## Cultural heritage

### *When Chamonix meets Chamonix*

**An original way to discover Chamonix and its history ...**  
Perfect in between meetings, appropriate just before dinner, this original way to learn about Chamonix is available any time during the day.  
A fun search to find enigmas hidden all over the town center, revealing typical and historical aspects of our mountaineering world capital today !  
Two activities enliven that search :  
"human picture" and a local product tasting session.

Half-Day | From 10 people  
All year round | For all



# 'Evening' ACTIVITIES

## *Moonlight Adventure*

A pleasant time in a friendly atmosphere during this unusual and exciting evening !

Thanks to a headlight, discover the extraordinary beauty of nature in winter !

Try our delicious « vin chaud » in a cosy atmosphere under the light of burning torches ...

After a short walk, enjoy a typical « savoyard » meal in a small, charming restaurant within the Chamonix valley.

Evening | From 6 people

From December to April (depending on the conditions) | For all



## *Night to the Loriaz hut*

An evening to disconnect from your daily life !

Escape for a snowshoe hike in wilderness with one night at the Loriaz hut. After 700 m of ascent through the forest, we reach this old mountain pasture, located at 2020 m altitude, in the heart of the Aiguilles Rouges massif.

You will feel alone on earth, facing an exceptional panorama over the famous Aiguille Verte and the Mont-Blanc.

Afternoon + Night + Morning | From 6 to 24 people

From mid December to April (depending on the conditions) | For all



## *Snow Challenge*

End your meeting day with a fun and relaxing outdoor time in the torchlight ...

Exercising and having a good time : that's the spirit of this challenge !

Try a fun time snow sliding on some unusual toys : tyre-tubing, "paret" riding, body curling...

Workshops such as riffle shooting, avalanche transceiver search, or a blindfolded tasting quiz will challenge your skills and team building potential.

18h30 - 21h | From 20 people

From December to April (depending on the conditions) | For all





# Conferences & Meetings

Let's talk about mountain ...

## Conferences

Before or after your activity or at the beginning of the evening, we can offer you a range of conferences : life of a guide, the business world or the effects of global warming...

### Working as a mountain guide & the business world : a surprising parallel !

We quickly realize that this profession and the business world intersect : leadership and change management, decision-making in an uncertain environment, building a strong team spirit, ... there are a lot of focal points.

After the screening of our film 'Esprit Compagnie' with high quality scenes on the universe of the high-mountain guide job, a member of the Compagnie des Guides will develop a specific topic of your choice or just talk about his job.

### Awareness of the impact of global warming on our glaciers

Conference with Ludovic Ravanel, geomorphologist and member of the Compagnie des Guides.

Ludovic received several awards for his thesis on mountain rock collapse and regularly gives speeches at the Montenvers to explain the impact of global warming on our glaciers. A fascinating conference not to be missed !

*Break the codes and meet differently !*

Why not organize your business meeting or conference in an exceptional place?

**Montenvers | 'Mer de Glace' room - 1 913 m**

Conference room for 70 people.

**Aiguille du Midi - 3 842 m**

The restaurant can be used as a conference room for 26 people.

**Skyway Monte-Bianco in Italy - 2 773 m**

Auditorium up to 150 people and 2 conference rooms for 10 and 80 people.

**Cosmiques hut - 3 613 m**

Room for 30 people ( video projector and computer available at the hut),

**A contemplative activity or a glacier hike can be organized before or after the meeting.**





DISCOVER THE WILD SIDE OF THE MOUNTAIN



Crédits photo  
Compagnie des Guides de Chamonix : Eric Courcier, François-Eric Cormier, David Ravanel  
Maison de la Montagne : OT Chamonix | Morgane Raylat  
Aiguille du Midi : OT Chamonix | Salome Abrial & Compagnie du Mont-Blanc  
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Helbronner : Skyway | Antonio Furingo  
Refuge de la Loriaz

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