



HIKE 7

LA MOURRE, LA NIBLE, ET LES MAXIMINS



Total immersion into the Maures mountains.

This hike leading from the village to the plain of the Maures is thought for experienced hikers.



the Maures mountains, the plain of the Maures.



5-6 hours



19,5 km, difficult



Tourist Information/Parking des Teilles



Office de Tourisme de La Garde-Freinet
Chapelle Saint-Jean | 83680 La Garde-Freinet
Tél. 04 94 56 04 93 | lagardefreinet@golfe-sainttropez-tourisme.fr
www.golfe-sainttropez-tourisme.fr



ITINERARY

From the tourist office take chemin des Teilles, before the parking follow trail no. 7. It goes down the valley and comes up to the RD558 at a place called l'Oratoire. Cross the road and take the trail opposite. (nice stone-oratory to the left).

At the junction of 4 paths take to the right. After 200m take the trail E96 Les Maximins. At the next junction (400m), take the trail going down to the left (1km). At the small building follow the main trail (600m) and arrive at a tarred road, the chemin des Plaines. Turn to the right and follow the road for 1,5 km, you will come to the Department road RD 74. Follow it to the right (do be careful!) for 400m.

After the bridge turn to the left, you will be at the beginning of 3 trails, take the one of the centre: la Nible. Follow this trail remaining at left. At the water tank (1km) on the left, continue, at the Y-junction (500m) turn to the right and take the trail Malatrache that goes up to the hamlet of La Mourre (main trail).

Leave the hamlet on the RD74 direction La Garde-Freinet, go down the small road at right near the ancient washhouse (50m). The trail comes to a tarred road (400m). Take to the right towards a place called Préverger. On the bottom of the valley, after

the bridge, turn right and immediately left and go up towards Peygros (aerial).

At the junction of 4 paths, continue straight on the trail that leads to the Seigneurolles (hike 4). Turn right and follow the marking 4 above the road (RD75). Somewhat further cross the RD75 and take the small road opposite (chemin du Défend). You will arrive again on the RD 558 near the cemetery (left), go along the road for 100 m and take the rue Saint-Jean.

