

Circuit des Truites



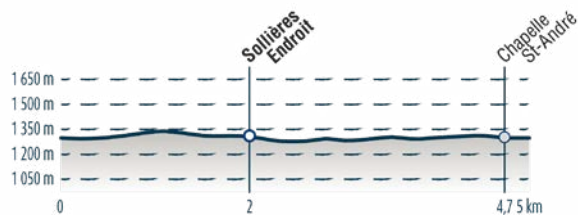
Access to start point

Val Cenis - Termignon, Maison de la Vanoise.

Place Vanoise. Parking nearby.



Scan and follow the route with your favourite app



Following the Arc river



From the left bank to the right bank, you'll uncover the hidden gems of the Arc river. Accessible in all seasons, this walk will reveal the wealth of torrents and wetlands.



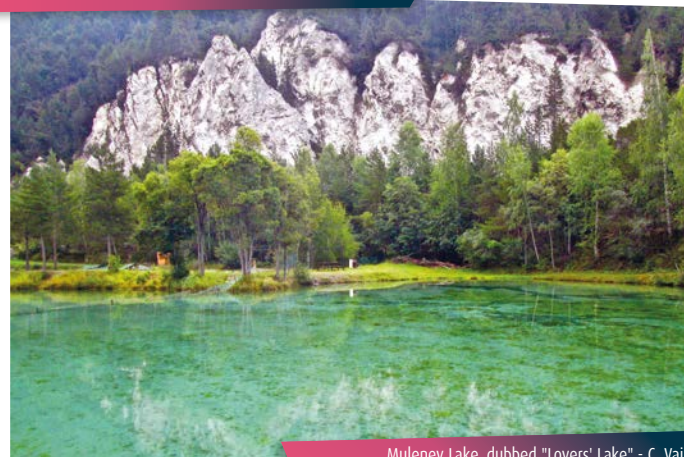
Along the way

In the summertime, various strange migratory birds live together in peace, finding their meals side by side. Grey herons and wild ducks share their treasures right before your wondering eyes. Trout, for their part, seem to taunt the fishermen as they slide through the current, subtle and shy.

Take a detour to Muleney lake for a dose of poetry. A lake dubbed "Lovers' Lake" with "Caribbean colours"... to set you dreaming about atolls and blue lagoons.

Nevertheless, this is freshwater, as you'll remember if you visit to the fish farm. You've never seen so many trout in one day! As for the fishermen, you'll notice that they release them after catching them.

As you pass through the Bonnenuit combe, look to your left. What is that strange-looking construction? A snow barrier that shields the valley from the unpredictable winter snowfall. On this side of the mountain, Mother Nature often bares her teeth.



Muleney Lake, dubbed "Lovers' Lake" - C. Vair