

Chemin de la Ramasse

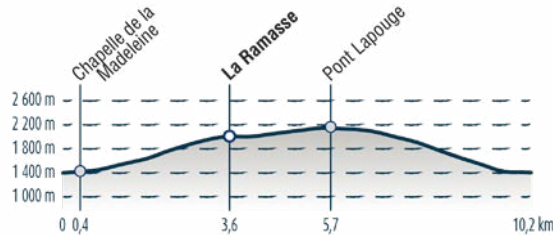


Access to start point

Val-Cenis - Lanslebourg, Tourist Office.
89 Rue du Mont Cenis. Parking nearby.



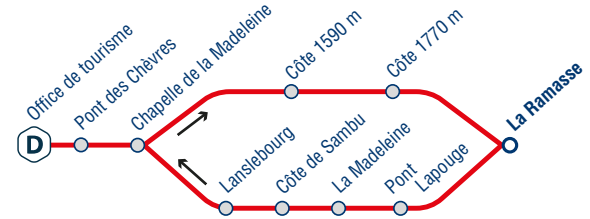
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In the footsteps of the "elders"



On a hot summer day, there's nothing better than a hike through the mountain forest to cool off. Discover the ski resort's summery side as you set off in search for new thrills.



Along the way

The song of the tits calls out to you the moment you enter the forest, at the top of the Pont des Chèvres chairlift.

Interspersed with high-altitude clearings, the first part of your journey is so serene you almost forget you're going uphill.

Cross through the Revet forest under the watchful eye of La Turra fort, perched at an altitude of 2,507 m.

Passing the Madeleine stream, you enter Vallon de Cléry.

Take a break at Chalet Suiffet, where time stands still, before starting the descent. Did you know that, as you go down to the village, you'll be walking in the footsteps of the "elders"? In the past centuries, so much hay has been transported along this Ramasse trail that your descent on the "fast path" takes on all the charm of tradition.

Life around here



Chemin de la Ramasse was named after an agricultural tradition of Haute Maurienne Vanoise. Using a specially designed sled, farmers would bring their alpine hay down the mountain in winter to feed their animals in the stable. One day before, they'd set off in large numbers to do the "trainière", which bringing the hay down on sleds. This was a tricky operation, one that required strength and skill.

Descent of the hay in winter - Archives of Lanslebourg Heritage Association