

Plan d'Aval Dam Circuit

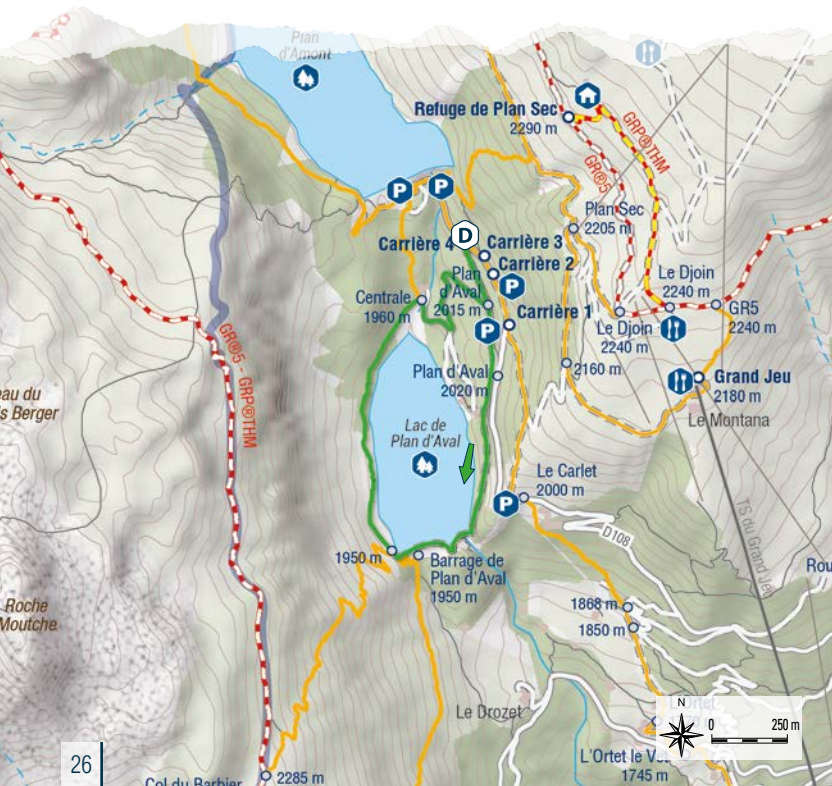
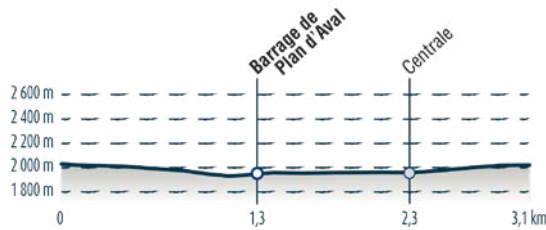


Access to start point

Aussois, Plan d'Aval, Parking Carrière 4.
From Aussois, RD108 to the car park above the Plan d'Aval lake.



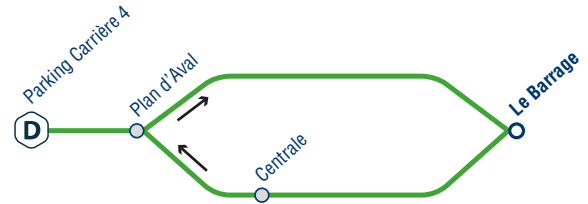
Scan and follow the route with your favourite app



History of local hydroelectricity



34 metres tall, the more accessible of the two Aussois dams keeps watch over the valley, suspending high above it. This original circuit takes you across the dam, giving you the opportunity to become an expert in the history of local hydropower.



Along the way

As a symbol of human impact, this reservoir offers you a real-life tour of the local industrial heritage. Discover the life of high-altitude dams at your own pace.

And if you keep your eyes open, you may spot some very agile yellow-billed choughs having fun above the lake. Our friends, affectionately called "choucas" here, know how to have a good time... They'll perform an aerial dance from Dent Parrachée to Râteau d'Aussois merely to take a good look at you, out of sheer curiosity.

After your walk, take a break on the sunny south-facing slope, enjoying sweeping views over Aussois village.

And, as the icing on the cake, you'll leave with a wealth of knowledge about the scientific and industrial heritage of Haute Maurienne Vanoise. You'll understand all the workings of hydroelectricity.

Did you know?

It may be hard to imagine, but the lakes of Aussois and Mont-Cenis are actually connected to one another through a network of underground pipelines!

And what's the purpose of such engineering in Haute Maurienne Vanoise? To find out everything about the unsuspected hydraulic force, get hold of the pOp! sheet in the Tourist Offices.