

# From La Norma to Forts de l'Esseillon

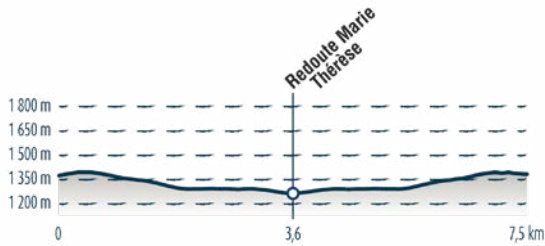


## Access to start point

La Norma, La Pyramide.  
Rue Meyer. Parking nearby.



Scan and follow the route with your favourite app



## On the fortress trail



Ready for a foray through the forest in the coolness of Chemin du petit bonheur? But hark, what impressive monument lies over yonder, awaiting you in the distance? Perched on its natural promontory, the Redoute Marie-Thérèse seems to magnetically draw you in.



## Along the way

As soon as you leave La Norma, you'll feel the serenity of a muted walk under spruce trees of all ages.

The fragrant scents of sap and resin wash over you throughout the journey. A few intrepid squirrels may escort you, inspecting you with great curiosity. Before you know it, Barrière de l'Esseillon majestically rises up ahead of you as the path comes to an end. The giant of the valley stands before you, invincible. In just a few minutes, it offers you a glimpse into Haute Maurienne Vanoise's military history.

A true emblem of the valley, Redoute Marie-Thérèse has become the iconic representative of the five Forts de l'Esseillon. Awe-inspiring? To say the least!

## The little + pOp!

We are Marie-Thérèse, Victor-Emmanuel, Charles-Félix, Marie-Christine and Charles-Albert, named after members of the royal family. We were born to protect our territory, but we have never been attacked. We're nearly 200 years old, and still stand tall and valiant.

To get to know us properly, head to the tourist offices where you'll find a detailed description.