



# HIKE 4

## PEYGROS



Quiet and cool - a walk in the shady woods with old chestnut trees, pine trees, cork oaks. Refreshing even in the heat of the summer. Nice views over the village of La Garde-Freinet, the plain of Saint-Clément, the hill of Notre-Dame de Miremer.



*View over the village, the plain of Saint-Clément and Notre-Dame de Miremer; possibility to link to hike 2.*



1 hour 30 min.



4,5 km, medium difficulty



Tourist Information/Parking des Teilles



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## ITINERARY

Take the rue Saint Jean in front of the tourist information. At the end near the RD 558, take the road left from the cemetery (chemin du Défend). This road arrives on the RD 75 direction Plan de la Tour. Cross the road and take the path opposite the road to the left leading to les Seignerolles.

At the junction take the road chemin du Curnier going up to the left.

Continue this road for about 300 m. Near the letterboxes take the path to the right. You will come across pine trees, cork oaks and chest nut trees. Continue straight until the next junction. Take the path going up to the left, direction Peygros, crossing the undergrowth for about 600 m.

At the antenna, go down the hill for about 400 m. Take the road to the left the chemin du Curnier. At the end of you will be again at les Seignerolles.

If you want to continue your walk, you may join the hike No. 2 taking the road opposite.

Otherwise, turn right, cross the road and follow the signs for No. 4 on the path overlooking the road D75. Cross the D75 and take the small road going down opposite (chemin du Défend) that leads to the RD558 in front of the cemetery. At 100 m join the Rue Saint Jean going up to the tourist information.

