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Les Grattais Loop



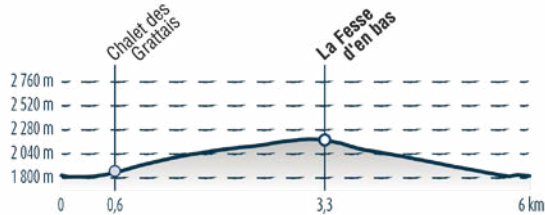
Access to start point

Val-Cenis - Lanslevillard, Grattais car park.

At the exit of the village, continue on the D902 until the Pré Clos, then follow the gravelled track until the car park.



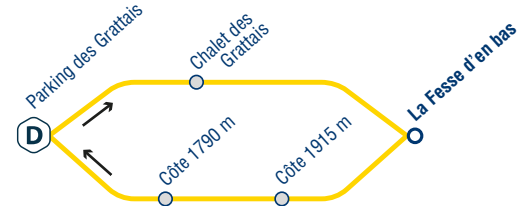
Scan and follow the route with your favourite app



Playing with the terrain



Take to the heights under the Vallonbrun refuge. This trail cleverly combines challenging uphill sections, panoramic views, lush green meadows, and playful downhill stretches. Seasoned trail runners will absolutely love this dynamic profile.



Along the way

The first kilometre of track is a good warm-up, giving you time to find your pace. On the historic path through the mountain pastures, picture the ascent of shepherds in days gone by. The sound of herds that often graze here reminds you of the importance of mountain agriculture in this shared area.

The sunny meadows invite you to rest and contemplate. What a view of the Mont Cenis massif! The Lombarde wind often sweeps clouds over from Italy. Watch how Signal du Petit Mont Cenis and the Col, so beloved by cyclists, quickly wrap themselves in their scarf of cumulus clouds.

On your sheltered slope, enjoy a breath of cool air as you cross the Burel stream. Filled with a sense of freedom, you begin the winding descent through the Scots pine trees.

At 2,000 m altitude, the whistling of the marmots attracts your attention. Keep an even pace on the downhill section. More than 20 switchbacks cut through the slope on a trail carpeted with pine needles.

The little extra

There are various start points to choose from for this outing, and it can be extended by taking the Adroit loop on the lower section (route number 66).

At 2,100 m altitude, you can also prolong the fun with the climb to the Vallonbrun refuge.