



6.2 km



+550m



3 h 00

3,072 m
2,530 m

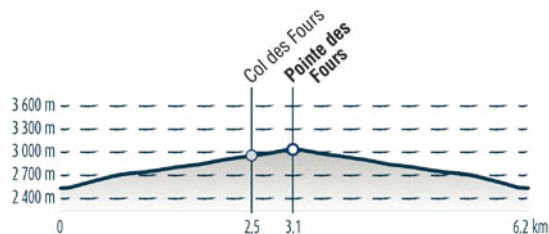
Access to start point

Bonneval-sur-Arc, Pont de la Neige.

At the exit of Bonneval, follow the D902 towards Col de l'Iseran until you reach the Pont de la Neige car park.



Scan and follow the route with your favourite app



The easiest 3,000



This "easiest 3,000" bring the high-altitude mountain environment within reach. It's a real buzz being so high up: this experience of the high-altitude environment between Haute Maurienne and Haute Tarentaise gives you memories you'll treasure for a long time.



Along the way

In places, the Vanoise is a rocky desert, where humans feel small, but it's here that the chamois feels right at home. And, when people feel small and lost, they build cairns. The one at Col des Fours is a real gem, standing an impressive two metres tall! It encourages you to extend your hike all the way to the lake, surpassing the 3,000 m altitude mark without too much effort.

Chamois and ptarmigan might escort you some of the way.

A 360° panoramic view of the border range with Italy and its eternal snows, just like those of the Vanoise (Grande Casse, Grande Motte, Mont-Pourri). The Grand Fond Lake, at the foot of the pass, reflects the pure sky, breathing life into the place, amid rocks whose colours range from gray to coppery brown.

If you're craving some greenery, head down to the Fond des Fours refuge, nestled among the alpine meadows at the core of Vanoise National Park, where fearless marmots are ever ready to give you a warm welcome.

Discovery mission

Ptarmigans are homochromatic. The magic of their plumage allows them to blend in with their surroundings. To achieve this camouflage, they molt three times a year, changing their attire in summer, autumn, and winter.



Les Fours lake - B. Filiol, OT HMV