

74

Alpage du Vallon (Vallon Alpine Pastures)



10.6 km



+600m



4 h 15

2,270 m
1,710 m

Access to start point

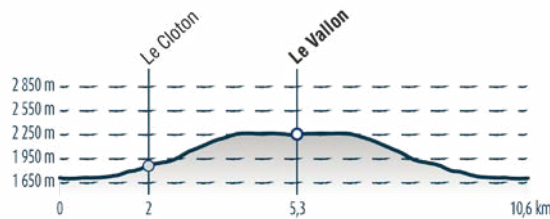
Bessans, Town Hall.

Place de la Mairie (Town hall square).

Parking nearby.



Scan and follow the route with your favourite app



A bubble of fresh air



A bubble of fresh air and tranquility that takes you off the beaten path and away from sites that get busy in the height of summer. Enter the welcoming atmosphere of a secret mountain pasture. A little treasure, hidden at the bottom of the Vallon d'en Haut.



Along the way

A quick warm-up along Chemin du Petit Bonheur brings you to the start of your adventure from the village of Bessans. Looking up, you can already guess that the journey will occasionally involve a bit of effort. But the ascent remains gradual and you're inspired by the presence of the majestic Charbonnel. From its height of 3,752 metres, the peak seems to watch your progress along the path leading to Vallon d'en Haut. This cosy nest snuggles into the mountainside between the peaks of Bonneval and Bessans.

A few stops later, with views that take your breath away, it's safe to say you've earned the status of an aspiring mountain enthusiast. Prolong the pleasure with an unforgettable tasting experience at the Panino Inn...

Come on! Push ahead just a bit further: a few steps more than you originally planned, and you'll get to meet locals who love their land and its produce. Sébastien and his family manufacture their own specialties of yogurt, country pies, and traditional Beaufort cheese. Pure taste sensations!

Life around here



A wheel of Beaufort cheese weighs approximately 40 kg. Its heel is concave and bears witness to the history of mountain agriculture.

Originally, the cheeses produced in the mountain pastures were carried down by mules. To keep the wheels in place, the farmer would fasten them on with a rope. All that was left to do was to hang a cheese on each side of the mule.

Beaufort in the refining stage - B. Thomas, OT HMV