

# PRICES LIST

WINTER 2024-2025  
**VALMOREL**

## ○ SWEDISH SPORTS MASSAGE

Improves blood circulation, reduces muscle tension, and promotes physical and mental recovery or performance with or without stretches.

🕒 Between 1 and 2 hours. 1-hour rate: \_\_\_\_\_ → 120€

## ○ DEEP TISSUE

A set of deep massage techniques with therapeutic benefits used according to your previously identified needs.

🕒 Between 45 minutes and 1 hour 30 minutes. 1-hour rate: \_\_\_\_\_ → 120€

## ○ THAI MASSAGE

A series of fully assisted yoga postures while applying pressure along the body's energy lines and acupressure points.

A massage performed on the floor and fully clothed.

🕒 Minimum 1 hour 30 minutes. 1 hour 30 minutes rate: \_\_\_\_\_ → 180€

## ○ SPECIFIC FACIAL MASSAGE

Sculpting and anti-aging and glow effect, the Myo Facial massage is a comprehensive and ultra-relaxing treatment for the face and neck.

🕒 Minimum 1 hour. 1-hour rate: \_\_\_\_\_ → 120€

## ○ COCOON ÉPHÉLIDES

Provides gentleness and soothing effects. It allows you to get acquainted with massage and to (re)gain awareness of your...

🕒 Between 1 and 2 hours. 1-hour rate: \_\_\_\_\_ → 120€

## ○ ÉPHÉLIDES PRESTIGE

A combination of your favorite massages!

2 hours and 30 minutes of head-to-toe care for a guaranteed complete disconnection.

🕒 Minimum 2 hours 30 minutes. 2 hours 30 minutes rate: \_\_\_\_\_ → 300€

ALL MASSAGES ARE CUSTOMIZED.

Several treatments can be combined. For example: 45 minutes of 'Specific Face' massage and 45 minutes of 'Swedish Sports' massage targeting a specific area of the body (back, legs, etc.).

