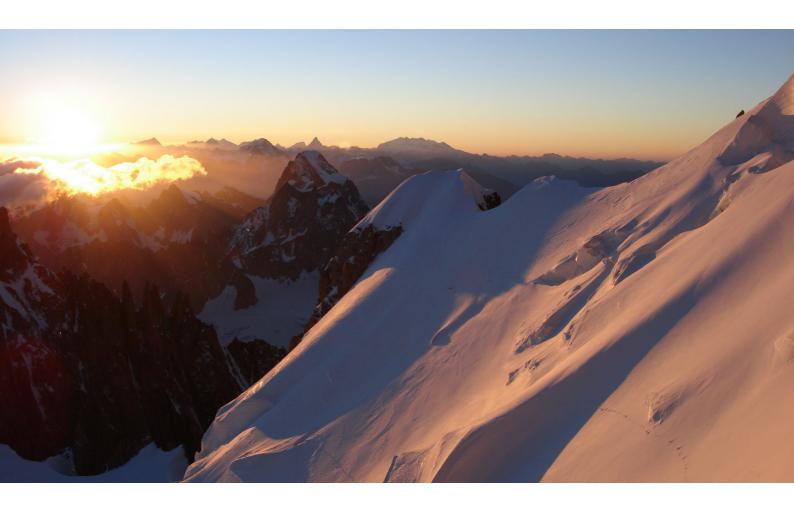


## Mont-Blanc ascent - 7-days guided course



Mountaineering course



#### Presentation of the course

Your dream is to climb the summit of the Mont-Blanc, but you need to practice more in order to make it? This mountaineering course is made for you.

Thanks to this course, you will learn all the basics in the terms of safety and technique.

One guide for a maximum of 2 people, for the maximum of safety, and more chance to meet the summit!

# 7-days course, including 3 days of ascent Summit of Mont-Blanc

#### Difficulty 4/5

You will have to evolve on different sorts of mountain paths and environments during this week. You have to be aware of the fact that it may be sometimes dangerous (possible crevasses, avalanches, rock falls or negative temperatures that can be difficult to handle).

We can advise you on this subject if you need more information.

Thanks to your guide, you may be able to reach the summit, taking care of all the safety issues.



## **Detailed program**

#### Jour 1: Beginning of the course

Meeting with your guide at 6:30 pm at the hotel. He will give you all the explanation and program of the week. The aim of this course is to climb the summit of the Alps, the Mont-Blanc, at the end of the week. A wonderful experience is waiting for you!

Hotel - private double room



#### Jour 2 : Refuge Albert 1er

At the beginning of the afternoon you will go up to the refuge Albert 1er, ideally located near the glacier. You start the week with a learning course on glacier. The guide will explain how to use the crampons and how to climb on the glacier. Enjoy the beauty of the scenery around the refuge!

Refuge - dormitory

✓ D+:1000m

✓ 4 hours of walk

#### Jour 3: Climb to Aiguille du Tour

For a first mountaineering experience, the Aiguille du Tour is very accessible. You will be able to use all the advice learned the day before, and practice. After all of this, you can be proud of your progress!

Then, you go down to the village of Le Tour. You can rest and spend the night in Argentière or Chamonix.

Hotel - private double room

✓ D+: 850 m / D-: 1850 m

✓ 6 hours of walk



#### Jour 4 : Vallée Blanche or Arêtes des Cosmiques

Take a ride with the cable car up to the Aiguille du Midi and enjoy the view over all the pics and glaciers around. The Mont-Blanc seems so close, you can almost touch it!

On this day you will have a walk on the Vallée Blanche glacier or climb the Arêtes des Cosmiques, depending on your choice and your abilities. Both experience is great, you won't have any regret.

At the end of the day, you go back to your hotel in Argentière or Chamonix.

Hotel - private double room

**✓** D+:300 m / D-:200 m

✓ 5 hours of walk

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#### **Jour 5 : Refuge Tête Rousse**

Thanks to the famous Tramway du Mont-Blanc, in Saint-Gervais les Bains, you will be able to go up to the Nid d'Aigle. Then, you will continue by walk to the refuge Tête Rousse. The path is a really pleasant one to start this journey to the Mont-Blanc.

Refuge Tête Rousse - dormitory

**✓** D+:820m

✓ 3 hours of walk



#### **Jour 6 : Summit of Mont-Blanc**

Departure in the night to start the climb. You will go by the Goûter hut, and the Arête des Bosses, which lead to the well expected summit. From above, the view is breathtaking. We have no doubt that you will be filled with emotion. You will then go down to the refuge of Le Goûter.

Refuge Goûter - dormitory

✓ D+: 1700m / D-: 1000m

✓ 7/10 hours of walk

#### Jour 7 : Saint-Gervais

We leave the hut very early this morning, to go down and reach the valley. Enjoy the snowy landscape one more time, before reaching the Tramway du Mont-Blanc and going back to Saint-Gervais. To end this journey, you will have a great warm meal with your guide, to talk about this experience and share your emotions.

**✓** D-:1520 m

✓ 4 hours of walk

Timetable and hours of walk are given as an indication. To guarantee the safety of all the participants (taking care of climate or all other possible reasons), the guide may have to change the itinerary.



### Price per person

#### 2 people : 1950€ per person

#### Included in the price:

- A professional mountaineering guide for all the week, for 2 people.
- 3 nights in a hotel in private double rooms.
- 3 nights in refuges, in shared dormitories.
- Half-board in the accommodations (diners and breakfast).
- Cable cars ride as mentioned in the program.
- The technical gears : harness, ice axe, crampons and helmet.
- Private transport every day, between accommodation and start of the climb.

#### Not included in the price:

- Multirisk and repatriation insurance.
- Personal hiking and climbing gears: shoes, sticks, sleeping bag liner, clothes ...
- Transport to the start and from the end of the course, day 1 and day 7.
- Picnics and drinks.
- Everything that is not mentioned in "included in the price".