

Boucle de l'Adroit (Adroit Loop)



←--→6 km

√ +400m



1,840 m 1,466 m







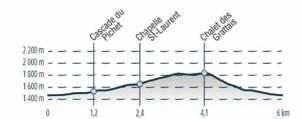


Access to start point

Val-Cenis - Lanslevillard, Tourist Office. Rue sous l'Église (Street under the church) Parking nearby.



Scan and follow the route with your favourite app





Unusual treasures



Discover little-known natural and cultural treasures. This trail is great for those seeking a few hours of adventure and it's also perfect for those just starting out in trail running. Among the pine forest, meadows and torrents, each can find their own pace.



Along the way

When you leave the village, you'll notice a few different kinds of insects along the path.

Between the roots of Scots pines, you can see lines of ants bustling about as you feel the warmth of beautiful spring days on your face. In the height of summer, your first stop at the St-Laurent chapel is a strange experience, as though you're "in the middle of nowhere".

The Burel stream appearing at the beginning and end of the climb makes the ascent seem short.

Get your breath back on the track, sometimes frequented by the 4x4s of mountain farmers.

The magical descent through the woods plunges you into a whole new world. Perhaps you'll take an unplanned stop by the Pichet stream to cool off.

Now you find yourself in a valley echoing with marmots' whistles. It's also a sign that you've arrived in the village.

Can you hear the Diet waterfall behind you?

