

52 **pÔp!**

## Sur les Traces des Marabouts (On the Marabouts' Trail)



### Access to start point

Aussois, Fort Marie-Christine.  
From Aussois, RD215f to the Fort car park.



Scan and follow the route with your favourite app

### Striding nature and heritage



Embark on a journey to explore the steppe grasslands inhabited by the wild grass known as "marabout". An educational walk for people of any age who are curious about their surroundings. A nature trail that also pairs well with the Esseillon forts.



### Along the way

Follow history as you explore a nature trail that has a great deal to teach you. What an thrilling programme! You are about to cross two military forts with memorable names, and a Sardinian cemetery that's come through the ages unscathed. Take your time and look around as you go. Reading is a must on this trail designed for all ages.

### The little + pÔp!

We are Marie-Thérèse, Victor-Emmanuel, Charles-Félix, Marie-Christine and Charles-Albert, named after members of the royal family. We were born to protect our territory, but we have never been attacked. We're nearly 200 years old, and still stand tall and valiant. To get to know us properly, head to the tourist offices where you'll find a detailed description.

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## Sentier Sylvicole (Forestry Trail)



### Access to start point

Val Cenis Sollières, Church of Sollières l'Endroit.  
Route de l'Église (Road to the church).



Scan and follow the route with your favourite app

### A walk in the woods



A stroll through the woods, from Sollières to Sardières, to discover various endemic species. Enjoy a condensed taste of the forest, at the heart of the valley.



### Along the way

In the morning, shade prevails and resin fragrances blend with the scent of freshly cut trees. Amongst Scots pines, silver firs, and larches, step into the world of foresters and loggers. Follow the educational signs as you keep your eyes and ears open wide. You might come across the animals mentioned... Whatever happens, you'll love this invigorating immersion in the woods.

### Sustainable management

To preserve the forest and prevent it from aging, the foresters working in the public forests of Haute Maurienne Vanoise only harvest trees that can be cut down; neither too many, nor too few. This a way of harnessing what is known as forest growth. These timber harvests form part of a wider forest management plan that fosters sustainable practices.