

# From Val Cenis Bramans to the Forts

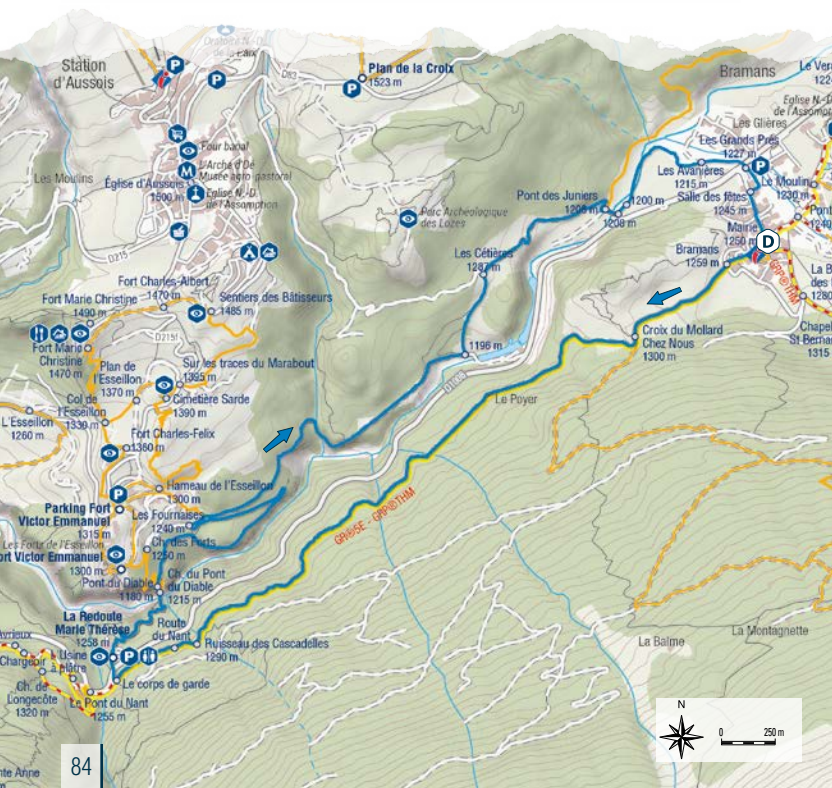
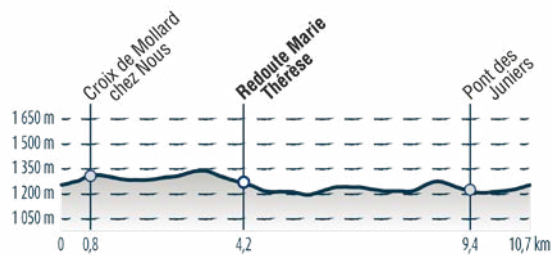


## Access to start point

Val Cenis - Bramans, Town Hall.  
5 Rue de Loutraz. Parking nearby.



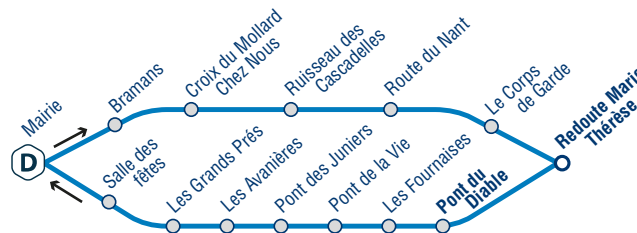
Scan and follow the route with your favourite app



## Conquer the Forts!



Set out to conquer the Esseillon forts. From one side of the Arc river to the other you'll take a magical leap back in time. This shady walk takes you on a journey to discover two hundred years of local history. Ever unperturbed, the Redoute Marie-Thérèse awaits you!



## Along the way

Set off at a brisk pace on the Chemin du Petit Bonheur, a trail cherished by locals, and take in the invigorating scents of spruce and fir trees. Under the watchful eye of the green woodpecker, you'll only hear the sound of its beak on the weathered tree trunks.

Standing proud on its unconquerable promontory, the giant of the valley offers you a journey into the military history of Haute Maurienne Vanoise, that takes just a few minutes. A true emblem of the valley, Redoute Marie-Thérèse has become the iconic representative of the five Esseillon forts. To say the least! Their construction began in 1817 to protect the kingdom of Piedmont-Sardinia from possible French attacks. Massive, monumental, they form a row at the narrowest point of the valley.

And what about Pont du Diable (Devil's Bridge) as sensational as its height above the gorges is breathtaking? But fear not, even the most faint-hearted have managed to cross it, so you can do it too!

## The little + pop!

We are Marie-Thérèse, Victor-Emmanuel, Charles-Félix, Marie-Christine and Charles-Albert, named after members of the royal family. We were born to protect our territory, but we have never been attacked. We're nearly 200 years old, and still stand tall and valiant.

To get to know us properly, head to the tourist offices where you'll find a detailed description.