

HIKE 1

LA CROIX ET LE FORT-FREINET



Go up higher to see farther, go back to the past to understand the present...

Discover the archeological site of the Fort-Freinet, fortified village from the 12th until the 16th Centuries, its sentinel position above the present village.

ATTENTION

this mountain path is steep and difficult, avoid it with rain or windy weather. It is meant for experienced hikers!

BLUE MARKERS

Medium difficulty ! Steep slopes.

RED MARKERS

Difficult path ! Need for vigilance! Very steep parts, crossings, rocky peaks.



The cross, the panoramic table, the Fort Freinet offering a panoramic view over the village, the Maures, the Bay of Saint-Tropez.



1 hour 30 min.



3 km, difficult



Parking de la Planète or Parking de la Croix

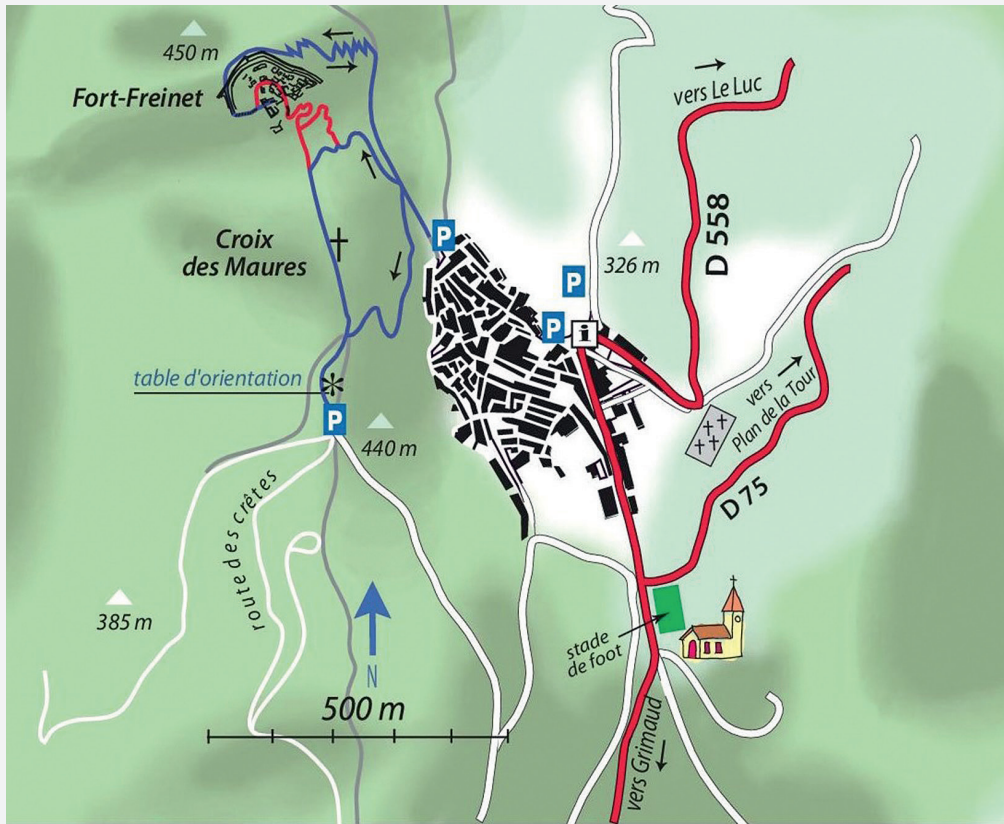


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ITINERARY

FROM PARKING DE LA PLANÈTE

Follow the blue markers (medium difficulty) to reach:

- > the Cross and the panoramic table (left)
- > the Fort-Freinet (right)

To avoid the red path presenting some important difficulties, take the blue path to reach the Fort and to come back (see the map).

FROM PARKING DE LA CROIX

Follow the blue markers to reach:

- > the panoramic table
- > the Cross

To go to

- > the Fort-Freinet

experienced hikers may take the red path linking the hill of the cross to the one of the Fort-Freinet. Otherwise, you may prefer the blue path, which is somewhat longer but less difficult (see the map).

