



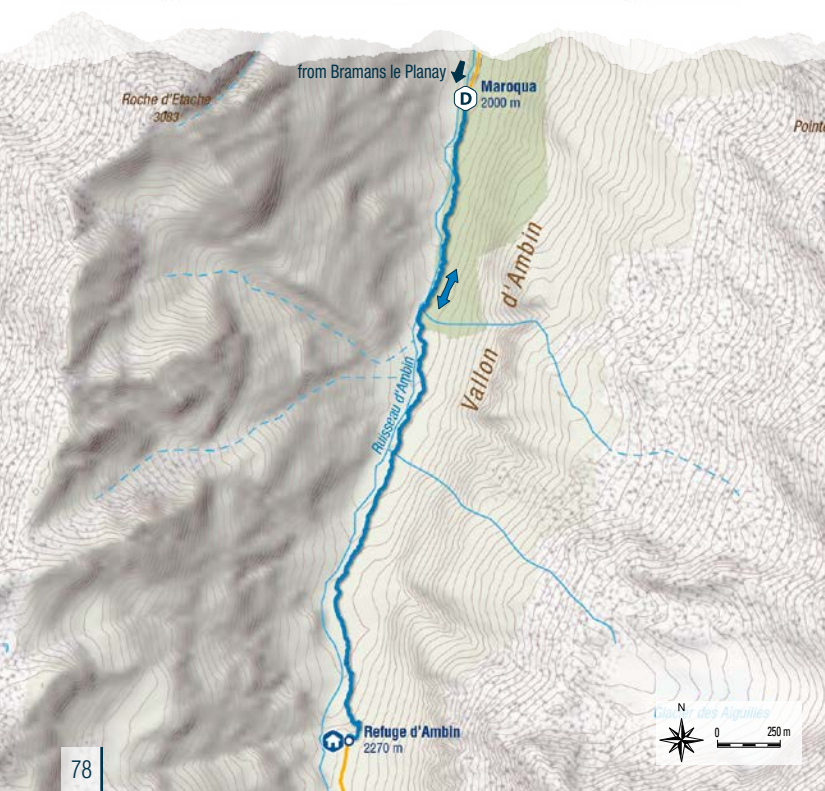
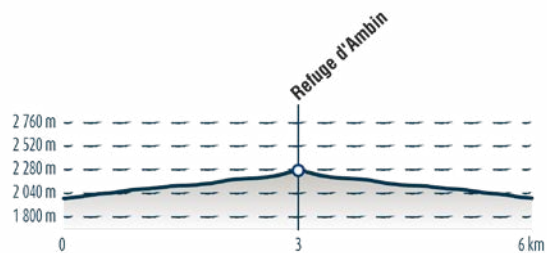
Access to start point

Val Cenis - Bramans, La Maroqua.

From Bramans, D100 towards Val d'Ambin
to La Maroqua car park.



Scan
and follow
the route
with your
favourite app



The wild valley of Ambin



A protective and secret valley where you'll find peace and tranquillity. Opt for this route if you want to avoid busy peaks and passes. Though it looks remote and inaccessible, this welcoming refuge opens its doors to you without difficulty. Ready for something new?



Along the way

Like an explorer of unspoiled lands, you make your way tentatively between Rocher d'Étache and Dents d'Ambin in the wilderness of this little-known valley. Dotted here and there, random rocks stand as witness to the whims of raw nature. The torrent is lord and master of the place. Pool after pool, it honours you with its most beautiful palette of blues: azure, turquoise, blue-gray... The sun plays hide-and-seek with the passing clouds and, who knows, it might invent a new colour.

The marmots are clued-up and, when they emerge from their burrows, they love to lounge around without a care in the world, not even stirring when herds pass by. The chamois you may catch a glimpse of on the scree slopes on the left bank also share this exhilarating freedom.

Before you get to your well-deserved snack stop, enjoy heart-stopping view as you climb to the refuge surrounded by boundless space.

The little extra

If you're hungry for more, use volume 2 of this guidebook to go further. Set off in search of Ambin lake and its incomparably pure waters. What shade of blue awaits you this time?