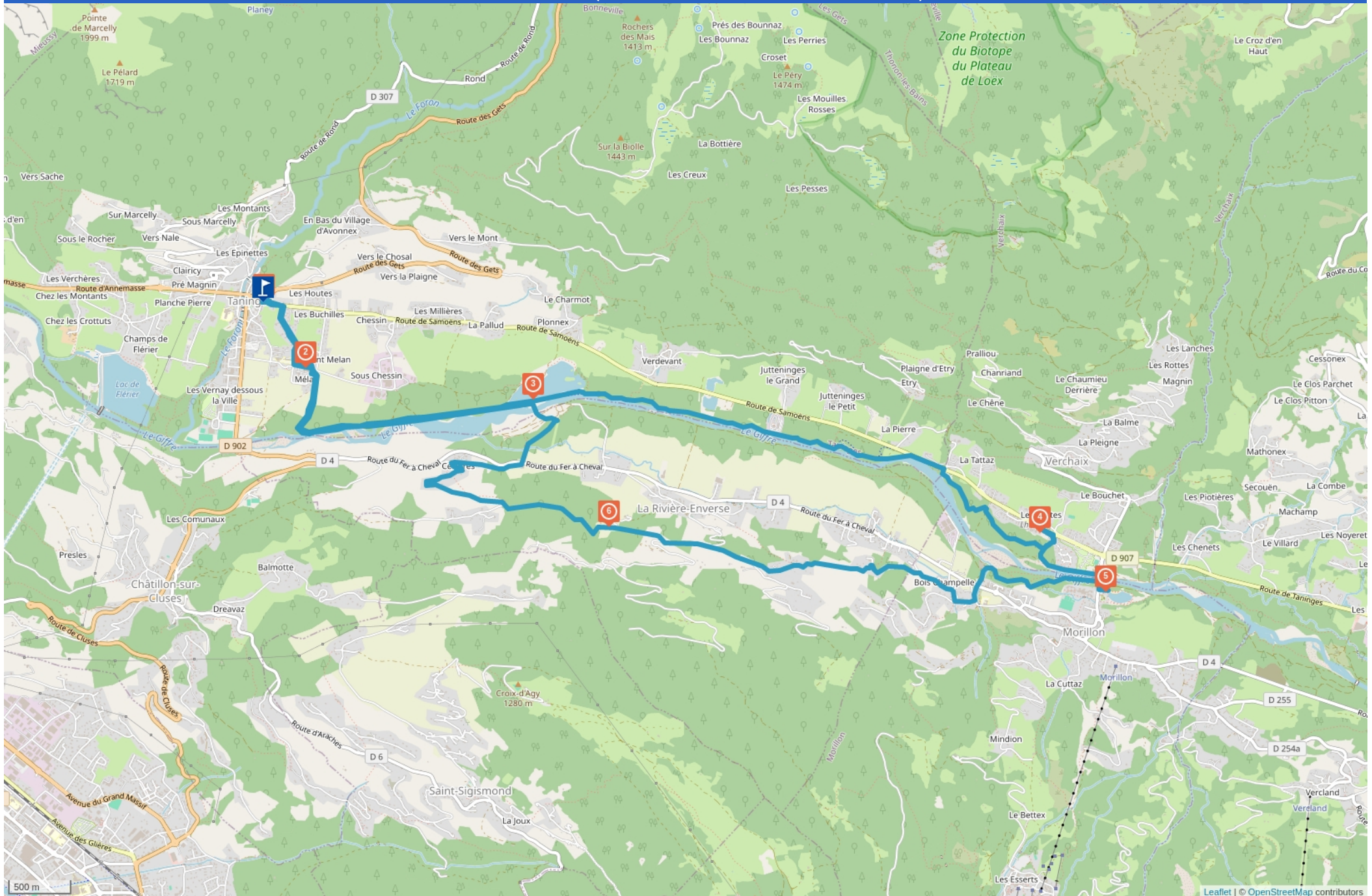


LES CYCL'O GOURMANDES : THE BIG LOOP (DEPARTURE: TANINGES)

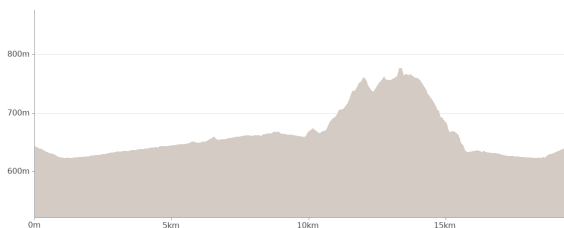


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Updated on 05-23-24 by Haut-Giffre Tourisme and generated by www.cirkwi.com

Les Cycl'O gourmandes : The big loop (departure: Taninges)



Départ : Rue des Corsins - 74440 TANINGES

20.29 km
 3h
 2h30
 maxi 780 m
 mini 621 m
 Medium
 Medium
 191 m
 -191 m

A 20 km loop through the villages of Taninges, Verchaix, Morillon and La Rivière-Enverse, with a stop at "L'Artisan du Chocolat" to discover local specialities. The tasting break will take place on the shores of Lac Bleu. You'll then take in the sights of the chapels of La Rivière-Enverse before returning to Taninges along the banks of the Giffre.

(1) Departure from "Bike Expérience" in Taninges. Take the RD907 towards Verchaix / Samoëns for a few meters, then turn right into "rue de Champfleury", then into "chemin des écoliers". On your left is the "Chartreuse de Mélan" (2), which you will pass alongside, along with its park of contemporary sculptures. As you leave the park, turn right and follow the pedestrian signs with yellow arrows on a green background towards "Morillon par les bords du Giffre" and "lac des Vernays" (3) along the Art et Nature trail.

Continue along the Giffre to Verchaix. You will arrive near the artisanal area. Turn left towards the picnic tables, "Les Hameaux du Giffre" and the village bakery (leaving the marked path). At the bakery, turn left into "rue de l'Epure". A few metres further on, you'll come to "L'Artisan du Chocolat" (4), where you can buy a few sweets at a special "Cycl'O gourmandes" price.

Return along the same path to the picnic table in front of "Les Hameaux du Giffre", and this time go straight ahead following the "Les Grands Bois" pedestrian and mountain bike signs. Continue along the Giffre and at the Giffre bridge, cross the road to reach Lac Bleu (5) for a well-deserved tasting break facing the emblematic Criou summit.

Cross the road and follow the Giffre along its left bank towards La Rivière-Enverse. At the signpost for "Pont Perrière" / "La Grasse" cross the RD4 and take the "route des champs", cross the locality of "Vers le Pont" and follow the blue VTTAE signs for the "Les Grands Bois" circuit. At Cravarin, follow the signs for Châtillon-sur-Cluses.

(6) At the Nicodex chapel, head for "Fargot d'en Haut" then "Cellières". Drive down to the Cellières chapel. Go back down to the RD4 and cross it to go towards the Lac des Vernays from "Fargot". Take the small climb to cross the Giffre via a footbridge.

Then take the same route as before towards Taninges and return to "Bike Expérience" (1).

Suggested by:
Haut-Giffre Tourisme

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1	rue de la poste - 74440 TANINGES - Altitude : 641m	Commerces, Location
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Bike experience

Mountain bike, VTTAE and gravel rental for adults and children.
Special offer "Les Cycl'O gourmandes" from 2nd April until 5th July: 10% discount in the store on presentation of the coupon "Bike Experience" / IMPORTANT : Book by phone before coming at +33(0)4.50.90.60.31

2	Chemin Rural dit de Melan - 74440 TANINGES - Altitude : 626m	Patrimoine religieux, Lieux de mémoire
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Chartreuse de Mélan

3	74440 TANINGES - Altitude : 634m	Lac / Etendue d'eau
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Lac des Vernays

4	Rue de l'Epure - 74440 VERCHAIX - Altitude : 661m	Artisans
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L'Artisan du Chocolat

Special offer "Les Cycl'O gourmandes" from 2nd April til 5th July: 10% discount in the store on presentation of the coupon "L'artisan du Chocolat" / IMPORTANT: Closed Sundays&Mondays. Vacations 28th April -20th May.

5	Route du Lac Bleu - 74440 MORILLON - Altitude : 669m	Lac / Etendue d'eau, Aires de Pique-Nique
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Blue lake outdoor activities area

The sandy beach, the shaded lawns and the public benches will allow you to enjoy the panorama on the summits. Public toilets.

6	Chemin Rural de la Marchande - 74440 LA RIVIÈRE-ENVERSE - Altitude : 769m	Patrimoine religieux
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Chapelle Notre Dame de l'annonciation dit des Nicodex

The history of this chapel is not well known, but its construction dates back to 1560, when St. François de Sales passed through the parish of Flérier.

