

Le Monoliths via Sentier des Biches

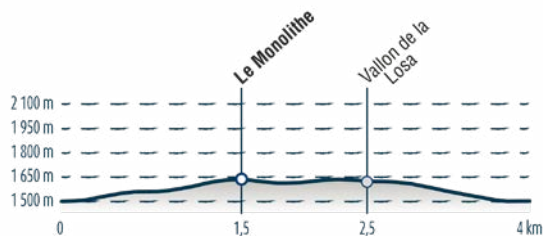


Access to start point

Val Cenis - Sollières-Sardières, Sardières.
Rue du Clot. Parking nearby.



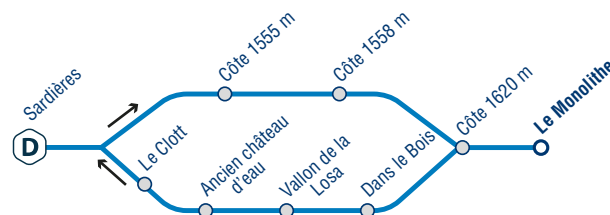
Scan and follow the route with your favourite app



Le Monolithe and its hidden paths



Set off to conquer a 93-metre-tall giant that reigns over the forest. This lesser-known route to the Monolith gives you a sense of peace, as you walk in the shade enjoying a diversity of landscapes.



Along the way

When the snow melts in the Val Cenis Sardières Nordic skiing area, swap your cross-country ski boots for hiking boots. Here you are, embarking on an adventure in this enchanting forest, dotted with majestic Scots pines. Squirrels discreetly escort you, looking faintly amused at your antics.

As you approach the imposing limestone peak, your eyes are drawn to a peculiar little shrub. Meet Erica Carnea... Sounds like a movie star, doesn't it? But it's really a protected species in Vanoise National Park. Is this the plant they call winter heath? Bold and eager, it manages to grow even before winter comes to an end. With its colourful little bells, it braves the bad weather and can even break through the blanket of snow. What a find! But be careful not to trample this little gem, it's very rare in France!



Young winter heath - C. Vair