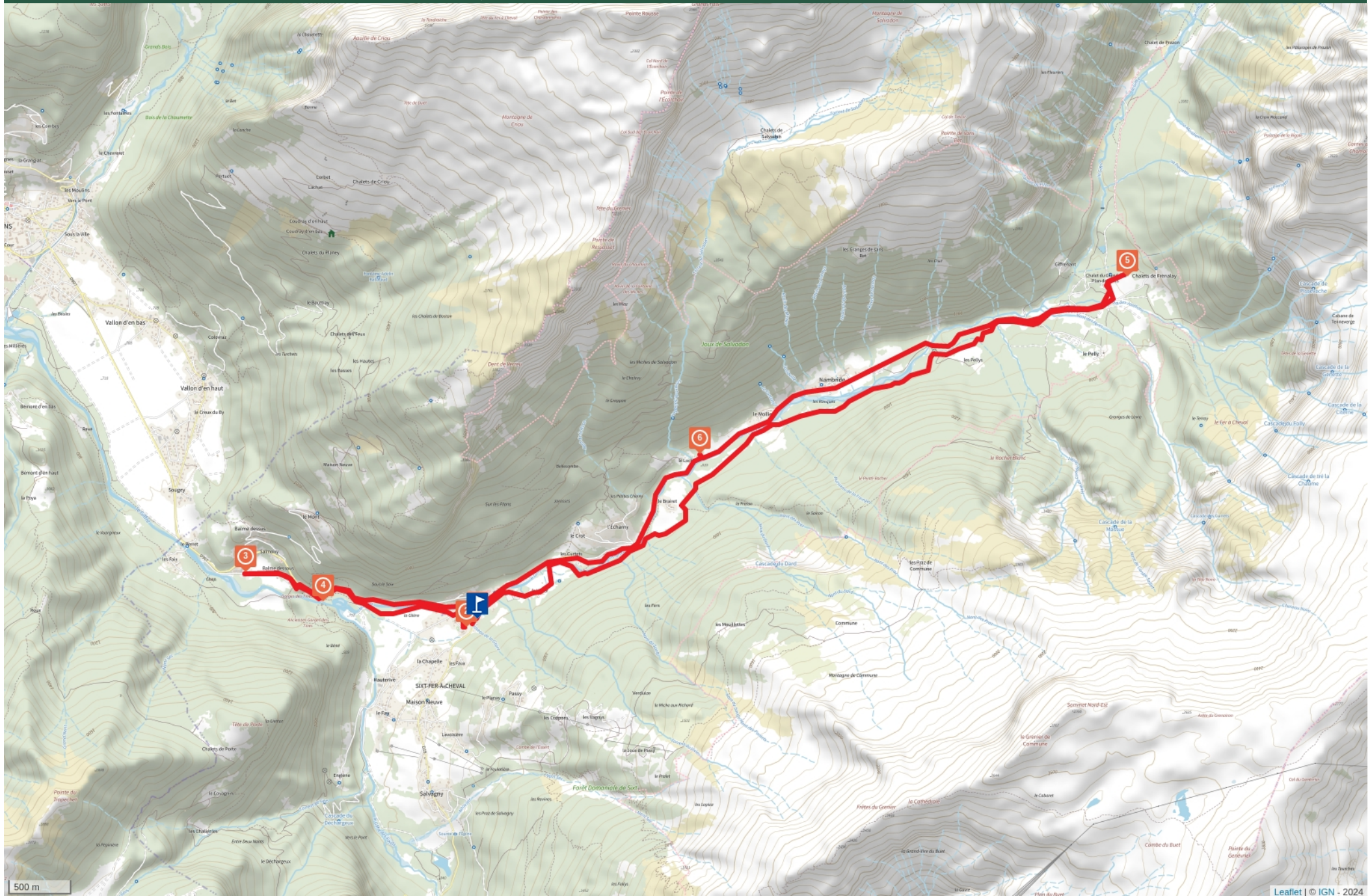


THE CIRQUE ALONG THE RIVERSIDE (DEPARTURE: SIXT-FER-À-CHEVAL)



This route does not meet all the validation criteria of the FFRandonnée. The reliability of the information contained in the texts, maps or photos of this route is not certain. www.ffrandonnee.fr



Updated on 06-24-24 by Haut-Giffre Tourisme and generated by www.ffrandonnee.fr

The Cirque along the riverside (departure: Sixt-Fer-à-Cheval)

Suggested by:
Haut-Giffre Tourisme

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Départ : Route de la Cascade du Rouget - 74740

SIXT-FER-À-CHEVAL

 17.43 km

 3h

 2h30

 maxi 970 m

 mini 732 m

Medium 

Medium 

 331 m

 -337 m

A sporty 17km loop along the Giffre, discovering Sixt-Fer-à-Cheval, the Tines gorges and the Cirque du Fer-à-Cheval. A stop is planned at the Ferme des Tines to discover some cheese and charcuterie specialties, which you will then taste against the splendid panorama of the Cirque du Fer-à-Cheval and at the Bergerie du Lochet for a tasting at the end of the day. Ages 9 and up (height: 1.30 m).

(1) Departure from "Skiset - Narcisse sports", turn right onto route de la cascade du Rouget as far as the town hall. Then turn left into rue du lavoir (blue VTTAE markings "Gorges des Tines") / OR start from "Sport 2000 Lionel Sports" (2). Cross Place de la gare, passing the municipal technical center and heading for the elementary school.

At the "Ecole" sign, turn right onto the "Chemin de fer" road behind the primary school and follow the left bank of the Giffre river up to the Glière bridge. Cross the bridge and follow the footpath signs to the "passerelle des Tines". At the sign for "sous le raffour", follow the direction of "Le raffour" until you reach the D907. Cross the road and turn left onto the D907 for a few metres as far as the Les Tines car park. Be careful on this busy road.

At the the "Les Tines" car park, follow the sign for "Samoëns" and go down the rocky path (which is quite steep). At the junction of the 2 paths, take the one on the right (not marked) and go past the former disco club "La flûte" and the "Ferme des Tines" farm.

Stop at the "Ferme des Tines" (2) shop to choose some farm products to suit your mood of the day.

Return along the same path to the "Les Tines" car park. Take time to observe the "Gorges des Tines" (3) from the "Passerelle des Tines". Then take the D907 back to the village. Turn right over the bridge towards the Rouget waterfall and then immediately left. From the "Sixt - Mairie" sign, follow the signs to the "Cirque du Fer-à-Cheval".

When you arrive at the Cirque du Fer-à-Cheval (4), you can admire the view of the peaks and waterfalls from the viewpoint indicator. There is a bike park to the left of the Fer-à-Cheval restaurant. A few picnic tables are available above the "Chalet de Laura" to taste your freshly bought products.

Take the D907 road back down to the village. You can then follow the course of the Giffre on the opposite bank and admire some of Sixt's hamlets. Stop off at the Bergerie du Lochet (5) to pick up some farm products made from sheep. Return to "Skiset - Narcisse sports" (1) or "Sport 2000 Lionel Sports"(2).

TRACK PART OF "CYCL'O GOURMANDES"

Booklet available free of charge from Haut-Giffre Tourisme reception offices in Morillon and in Sixt-Fer-à-Cheval. Please contact Haut-Giffre Tourisme at +33 (0)4 50 34 49 36 for further information. The activity is your own responsibility



1

Route de la Cascade du Rouget - 74740 SIXT-FER-À-CHEVAL - Altitude : 770m

Location

Skiset - Chez Narcisse Sports

Rental of e-mountain bikes. Booking recommended by phone at +33 (0)4 50 34 42 47 or by mail at narcisse.sport@wanadoo.fr

2

Place de la Gare - 74740 SIXT-FER-À-CHEVAL - Altitude : 768m

Location

Sport 2000 Lionel Sport

Hire of full-suspension bikes, semi-rigid electric bikes, shotgun saddles (children aged 2 to 5), carts, baby seats. Booking recommended by phone at +33 (0)4 50 34 91 48.

3

Route du Tunnel - SIXT-FER-À-CHEVAL - Altitude : 735m

Produit de la ferme

Ferme des Tines

Cow and goat cheese selling, from the farm and the surrounding area, as well as home-made charcuterie. Free visit of the farm on your own. Opening hours: from Monday to Friday from 10am to 12.30pm and from 3pm to 7pm and on Saturday from 9:30 am to 12:30 pm and from 3 pm to 7 pm.

4

Route des Tines - 74740 SIXT-FER-À-CHEVAL -
Altitude : 768mPoint d'intérêt naturel, Gorge, Aires de
Pique-Nique

Gorges des Tines

The Tines footbridge offers a beautiful view over the gorges. The Gorges des Tines are also a paradise for sportsmen: rafting and hydrospeed through the Gorges, via ferrata of the Mont, climbing wall of Les Tines.

5

Cirque du Fer-à-Cheval - 74740
SIXT-FER-À-CHEVAL - Altitude : 964mPoints de vues et panorama, Aires de Pique-Nique,
Réserve naturelle

Cirque du Fer-à-Cheval

The Cirque du Fer-à-Cheval takes its name from the shape of its cliffs, which form a semi-circle. Its impressive height (up to 3000 metres) gives rise to a multitude of waterfalls, the number of which varies according to the season. Note: you are entering the Sixt-Fer-à-Cheval / Passy Nature Reserve, please respect the regulations. Public toilets on the right of the Fer-à-Cheval restaurant

6

Route du Fer a Cheval - 74740 SIXT-FER-À-CHEVAL -
Altitude : 821m

Produit de la ferme

The

The "Bergerie du Lochet" farm is specialised in the dairy sheep farming. Farmhouse cheeses and yoghurts are sold at the farm. Opening hours: from Monday to Saturday from 4.30 pm to 6 pm.