



AEC Valmeinier
Treatments & Spa



A new **experience** to relish
like a **rare tea** from
a distant island...

WELLNESS AREA

Access to wellness area

Sauna . Hammam . Jacuzzi
10 € / 60 min.

10 entries card (not nominative)
80 €

Privatization of the wellness area (10 people max)
80 € / 60 min.

Bathrobe and towels provided.

Opening hours

Monday . Wednesday . Thursday . Friday
from 9 am to 12 pm and from 3 pm to 8 pm
Tuesday and Sunday from 3 pm to 8 pm

TREATMENTS ON APPOINTMENT

Phone : + 33 4 79 59 21 01
spa.legrandfourchon@aec-vacances.com

Our facial and body treatments are care well-being. In case of health problem or if you are pregnant, we kindly ask you to inform our staff, some treatments may be discouraged. They are neither therapeutic nor medicalized and made made according to specific protocols THÉMAË.

Conception : Studio Desormeaux . Digital Print 74



AEC LE GRAND FOURCHON
Valmeinier 1800
73450 Valmeinier

THÉMAË
PARIS

PURIFY . MOISTURIZE . ENHANCE . EXFOLIATE



The tea care Ceremony

■ BODY TREATMENTS

Relaxing Massage

55 € / 50 min - 75 € / 75 min

This slow and enveloping massage uses a sequence of kneading and smoothing strokes to release muscle tension, relax and soften tissue.

Energizing Ayurvedic Massage

55 € / 50 min - 75 € / 75 min

This powerful and stimulating massage inspired by Indian tradition rebalances body and mind. At the sustained pace of circular and gliding pressure, friction, acupressure, tapping and stretching movements, skin is warmed and muscles unwind. The body is energized and deeply relaxed.

THÉMAÉ signature Ceremony

75 € / 75 min

This signature treatment starts with a deep back massage, which eases tension and creates a feeling of total relaxation, ideally preparing you for the Quench Hydration facial.

A manual foot massage rounds off this moment of well-being for an instant feeling of lightness.

After your treatment, we offer you 60 minutes to the wellness area.



■ FACIAL TREATMENTS

Original "Beau'tea" Facial

75 € / 75 min

At the heart of this treatment, the effectiveness of collagen and the exfoliant's microdermabrasion action meet the lifting power of the massage and "Ridoki" and "Nouat naa" techniques for an unprecedented sensory journey toward a more youthful you. The regenerating arm and foot massage ensures total relaxation. Your skin is plumped up and appears lifted, while facial contours are redefined.

Quench Hydration facial

55 € / 50 min

This essential moisturizing facial combines relaxing strokes and gentle stretching to regenerate stressed and dehydrated urban skin. Your skin is fresh, intensely moisturized, and illuminated.

"Puri'tea" Skin Renewal

55 € / 50 min

Combined with a soothing ritual, this purifying facial rids your skin of its impurities. Your skin is clear and your complexion revived and radiant.

Gents Fuel Facial

55 € / 50 min

Tailored to stressed and tired men's skin, this detoxifying treatment intensely moisturizes and completely purifies your skin. Signs of fatigue are erased and skin is smooth and clear.



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